

## Two straight titles for Tigers

## Town adapts its plan to changing times

*Rising ocean, farm concerts and more addressed*

LITTLE COMPTON — Reducing “excessive noise” in town, protecting Sakonnet Harbor from rising seawater — possibly with a north-side breakwater, establishing solar energy guidelines, opening WiFi hotspots in town, and even developing a traffic plan for the Commons, are among the ideas in a town plan update in the works.

The town council and planning board are conducting a review of the town's Comprehensive Plan; copies of their draft proposals are available at Brownell Library, the town clerk's office and on the town website.

Proposed changes and addition to the town's plan address a wide range of areas, including housing, zoning, open space, energy, transportation, business and recreation.

The town planning board has been working on the mandated five-year update since March of 2015 and it still has a ways to go. There was a public session last Thursday and there will be another public hearing with the town council.

Planning board Chairman Mike Steers said that if agreement is reached on the document and the public appears to be satisfied, it will be submitted to the Statewide Planning office for their review (they have been continually updated on progress). Eventually the town council will vote on the plan.

### Plan priorities

Going into the process, Mr. Steers said that planners focused on several key areas

■ Water and protection of water resources.

With hotter, drier summers predicted to be ahead, the planners note that a town that is reliant on wells needs better drought preparation. Proposals include municipal water recycling, reduced cost rain barrels for residents, and drought emergency measures.

■ Septic systems: Establish a database of all septic systems, and assure that they meet state standards and are properly maintained.

■ Housing: Affordable housing ... “We find it challenging in Little Compton,” Mr. Steers said, to meet state affordable housing standards. One problem — while the town does have housing that meets state standards, “the state requirement that these be deed restricted then takes (those houses) off

See PLAN Page 3



PHOTOS WITH AUSTIN MEDEIROS

Tiverton High School cheerleaders and Coach Susan McDermott pose with their medals and Small School Division state championship plaque Saturday.

## Tiverton repeats as Small School state cheerleading champs

The Tiverton Tigers cheerleading team scored 169.25 points Saturday to bring home a second consecutive state cheerleading championship in the Small School Division. Competing at the Providence Career & Technical Academy, the Tigers edged second place St. Raphael which scored 162 points.

Meanwhile, Portsmouth High School finished second to Tolman in the Medium School Division.

It was a remarkable performance for Tiverton Coach Susan McDermott's squad. After winning its first ever title last year, the team lost several talented seniors to graduation and, at the outset anyway, had considerable ground to regain. Saturday, though, while some of the competition missed stunts, the Tigers, led by senior Captain Lilly Rapoza, consistently handled theirs well.



Senior Captain Lilly Rapoza (center) and teammates share hugs moments after the long wait to hear the announcement that Tiverton had won its state division championship for a second straight year.



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# Mackintosh receives Peter Merritt Award

*RI Land Trust presents top conservation honor*



Sakonnet Preservation Association members celebrate with honoree Shelia Mackintosh (front center) after the ceremony at the University of Rhode Island.

LITTLE COMPTON — For her “in the trenches” land preservation efforts, Little Compton resident Sheila Mackintosh has been honored by the RI Land Trust Council with the 2016 Peter Merritt Award.

This award recognizes dedicated individuals who are making an outstanding contribution to land conservation in their Rhode Island communities, said council member Carol Lynn Trocki.

“In 2016, the RI Land Trust Council board was faced with the delightful dilemma of choosing from among a number of very worthy candidates,” Ms. Trocki said. “In my mind, it is Sheila’s steady commitment and quiet dedication to land conservation in Little Compton and elsewhere, in addition to her long and varied service with Sakonnet Preservation Association (SPA), that make her so deserving of this honor.”

In her nomination letter, SPA President Abigail Brooks wrote “Sheila has ably served this organization’s board for 16 years in a wide variety of roles—as board secretary, vice-president, property stewardship monitor and chair of the board’s Land Protection Committee. Sheila’s commitment to conservation — locally in Little Compton, at the state level through working with the RI Land Trust Council, personally in the Adirondacks shepherding a complicated project conserving islands on a lake where her family has spent summertime for generations, and at the national level assisting with the initiation of workshops for volunteer organizations and supporting the efforts of the Land Trust Alliance—has been

long term, well-considered and consistently effective.

Sheila Mackintosh joins a distinguished group of Peter Merritt award recipients, including Larry Anderson and Heather Steers, both former SPA board presidents.

The mission of the Sakonnet Preservation Association (SPA) and its all-volunteer board of directors involves conserving and stewarding Little Compton’s natural landscapes and resources. This work has resulted in the permanent preservation of over 60 properties totaling over 400 acres of Little Compton land.



Carol Lynn Trocki hands the Peter Merritt award to Little Compton’s Shelia Mackintosh.

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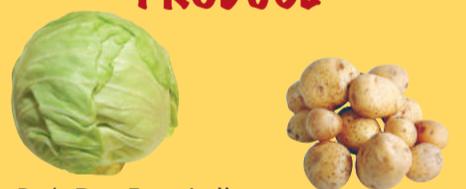
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# PLAN: Town adjusts to looming changes, challenges

From Page 1

the table.”

■ Land conservation.

## Farming and entertainment

Many of the goals reflect changing times in Little Compton, such as issues of music and entertainment on farms and elsewhere.

One calls on the plan to “Protect the peace and quiet enjoyed by residents and the night sky for present and future generations.”

It proposes having the planning board “Review and revise existing noise ordinance to reduce or eliminate, where possible, excessive noise and related adverse conditions ...”

And it calls for a “lighting ordinance that addresses artificial light at night to limit night sky pollution ...”

Another goal seeks to keep and expand agriculture and fishing as viable activities; the draft seeks to develop “standards for allowable uses on active farms and open space.”

Mr. Steers said that planners have concluded that there is a need for the town to get a better handle on “what is conservation land and how is it managed. Our zoning ordinances don’t have a lot of detail and maybe we should take a closer look at that.”

## Rising ocean, energy diversity

Elsewhere, the draft considers the looming impacts of global warming and the need for alternative energy sources.

A section title “Natural Hazards and Climate Change,” aims to increase Little Compton’s “resiliency to climate change and sea level rise.”

It would strive to identify vulnerable properties, update evacuation plans, protect marshes and “investigate wave attenuation capability of the harbor.”

The draft would discourage development in flood-prone places and develop a plan to handle “evacuation of RV’s and other items at South Shore Beach and Round Meadows.”

Another section challenges Little Compton to conserve energy and water use.

It proposes that the town “explore solar for municipal buildings and energy storage opportunities at the transfer station,” and “Develop guidelines for residential wind and solar.”

Next door, Westport is developing its fifth solar farm; Tiverton is hustling to prepare solar guidelines after receiving a farm’s request to install a solar facility.

With rising waters predicted, the plan seeks to “recognize that with sea rise comes the potential for considerable disruption at the point and areas just to the east around the ponds and toward Goosewing,” Mr. Steers said. A priority of both town and state, he added, is to assure that an effective evacuation plan is in place.

## Recreation, open space

The planners encourage continued preservation of open space with a priority of



Waves from Hurricane Irene loom over the Sakonnet breakwater. Planners suggest added protections for the harbor in the face of rising seawater — perhaps a northerly breakwater needs a fresh look.

properties that abut existing large protected properties, and promoting public access to conserved lands.

Goals here include acquiring property to improve public access and parking at the harbor and making it a priority to protect land near “critical watershed” area.

It encourages more “dialogue” among the town’s various and preservation groups.

## Transportation

Little Compton needs expanded transportation opportunities both within town and to other places, the draft states; it should work with RIPTA for more “innovative” transit options.

The town should also encourage development of walking trails, paths for bicycles and walking, and bike lanes.

The town needs to “develop a circulation and parking plan for the Commons,” and it needs better ways for its aging population to get about.

Does that mean traffic light?

“Oh heavens no,” Mr. Steers said. “We have enough trouble just getting the state to approve a crosswalk.”

“We like the Commons just the way it is ... people enjoy the charm but we also need to look at pedestrian safety. What can we do to make the Commons safe without compromising the rural character?”

## Other priorities

The draft also recommends:

■ Further protection of stone walls, including tax exemptions.

■ Creation of a list of historic buildings and other assets; use incentives to encourage homeowners to protect historic properties.



A musician performs at Carolyn’s Sakonnet Vineyard. Town plan revisions consider noise and nighttime light limits and better definition of farm and conservation land uses.



Stone wall builders work in Little Compton. Town Plan revisions would encourage protections for stone walls and.

■ “Promote opportunities for low-impact home-based businesses,” while providing protections for neighbors and setting design and appearance standards.

■ Wi-Fi hot spots in the school, Community Center and Town Hall.

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# Tigers lose thriller to D-I Townies in States

BY NICK FRIEND

NORTH KINGSTOWN — A clutch three-pointer and a game-sealing free throw from Dion Hazard gave the East Providence High School boys' basketball team just enough to squeak by Tiverton, 55-51, Thursday evening, March 9, in the opening round of the 2017 Open State Tournament played at North Kingstown High School.

After a closely contested first couple of minutes, E.P. managed to pull away on the back of 12 first half points from Hazard that put Tiverton in a 26-18 hole heading into the locker room. Back on the floor, the Tigers came storming back from big deficits multiple times forcing Hazard to make a three with just 30 seconds left that proved to be the difference.

"They are a good team," E.P. head coach Joe Andrade said. "They didn't go undefeated for no reason. I don't care what division. It is a real good win."

To begin the game, Tiverton got on the board first thanks to their leading score Tyler Murray on a driving layup while E.P.'s David Ogunronbi hit on a midrange jumper that tied the game at two. The Tigers proceeded to build their first lead of the game on a fast break bucket by Carson Hart and a layup by Michael Hrycin which put the Townies in an early 6-2 hole. E.P. responded quickly however with an 8-2 run that included a corner three by Kyerstan Casey and back-to-back hoops from Hazard.

The Townies continued their hot streak with a layup from Deyshawn Tengbeh and back-to-back buckets from Clinton Ogunronbi that increased E.P.'s lead to 16-12. Tiverton continued to fight as two made free throws from Murray and a Townie timeout later, the Tigers hole stood at just 16-14.

Back on the floor, E.P. scored eight unanswered points, all coming from Hazard. Tiverton meanwhile continued to live at the line as two more made free throws and a made layup from Hart put the Tigers' deficit at 26-18 at the half.

After the break in action, the Townies saw five quick points with two of them from Hazard at the line and a corner three by Casey that upped E.P.'s lead to 31-20 which forced Tiverton to call a fast timeout. With just several minutes gone in the second half, the



PHOTOS BY RICHARD W. DIONNE JR.

East Providence defenders David Ogunronbi (middle) and Dion Hazard (right) thwart Tiverton's Steve Gacioch as he drives toward the hoop.

Tigers had to call yet another timeout after another three from Casey and a bucket from Tengbeh gave the Townies a 33-20 lead.

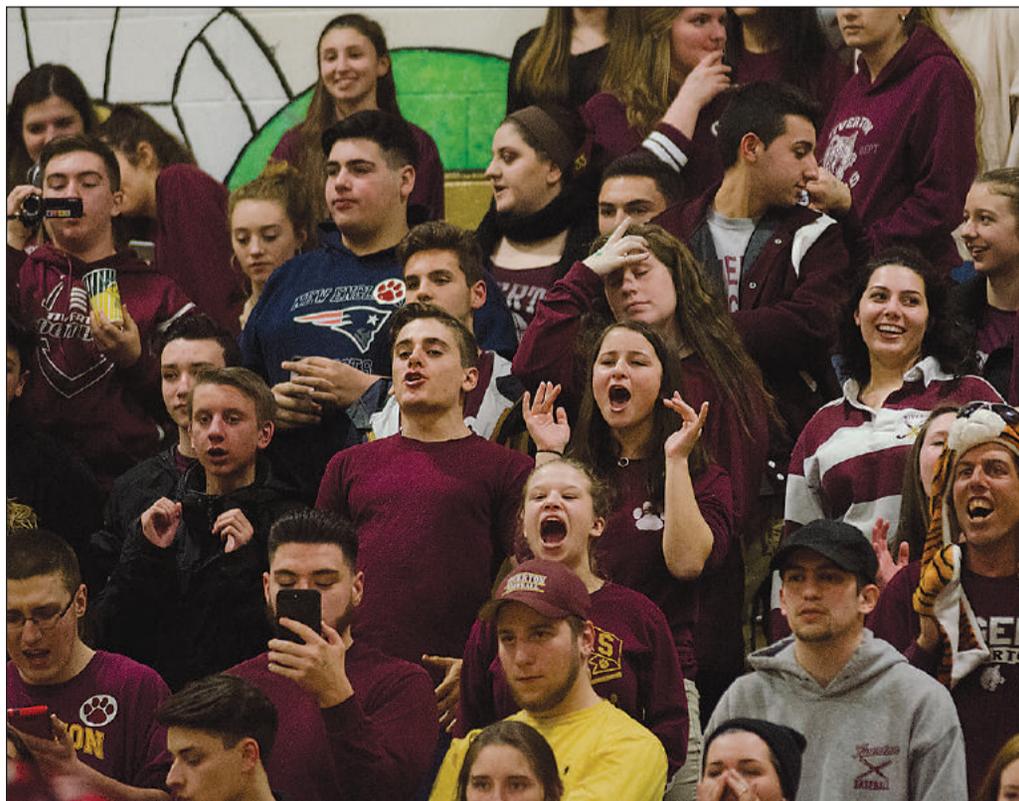
Tiverton came storming back as the Tigers went on a 10-3 run that included back-to-back threes from Hart and Murray. This was before Murray hit yet another shot that cut Tiverton's deficit to 36-30 which forced E.P. to call a timeout. Meanwhile, the Townies got their leading scorer going, Tengbeh, as he scored 11 of his 17 points consecutively that allowed E.P. to keep pace with Tiverton during this stretch and still maintain their lead at 42-34.

A monstrous dunk from E.P.'s Clinton Ogunronbi caused the Townies' bench to explode which forced the Tigers to call a timeout as they very quickly found themselves in a 44-34 ten point deficit again. Tiverton continued to show no quit however as they received back-to-back scores from Gacioch and Hrycin that cut the Tigers' hole to 44-38.

See **FACING PAGE**



Carson Hart speeds in for a layup — he scored 20 points for Tiverton.



Tiverton fans cheer on their Tigers.

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Dotted lines show the 45-plus acres where the casino will be built off William Canning Boulevard. Wetlands and a stream cover part of the overall property, particularly to the west (left side of this view).

## Group seeks casino delay to allow environmental study

TIVERTON — The group Save Tiverton has announced via press release that it wants time for an independent consultant to conduct an analysis of potential environmental impacts of a planned casino in the northeast corner of Tiverton.

Some have voiced concern about the consequences of such a major construction project on property that includes significant wetlands including a stream that connects Tiverton and Fall River.

That statement reads:

“A group of local residents concerned about the land use impacts of the proposed Twin River casino, sent a letter to the town council on Thursday, February 9, 2017, seeking a 45-day extension of its scheduled public hearing for Monday, March 13, 2017. The group has engaged Sage Environmental to conduct an independent peer review of Twin River’s environmental application and has requested the extension in order to complete the analysis.

“The group had previously asked Twin River to conduct a peer review in light of serious environmental deficiencies that were cited in a RIDEM report regarding their application. Even though having developers conduct peer reviews of their applications is a standard practice in the industry, Twin River declined the group’s request. As a result, the group decided to retain their own consultant.

“Moreover, the letter, sent from Karen Benson, a local environmental attorney representing neighbors and the group, urges the town council to grant the extension since it has adequate time to consider the matter under the law. In addition, the letter cites additional issues that need to be addressed including the provision of water, the disposal of sewer and the historical uses on site. In light of these environmental impacts, the letter further states that a public site walk is necessary before any decisions on these issues are made.”

## Tigers ousted by Townies

From **FACING PAGE**

A three from Casey and a driving shot from Ogunronbi helped regain E.P.’s big lead at 49-40. However, as soon it looked like the Townies were going to pull away Tiverton, they went on a 9-0 run that included two buckets from Hart (who finished with 20 points) and a step back shot from Hrycin that got the Tigers’ loud fanbase back into the game and forced E.P. to call a timeout with the score tied at 49 apiece.

Tiverton then regained the lead as Murray hit on a shot before E.P. responded with Tengbeh hitting on a jumper that tied the score at 51.

After a Tiverton miss, a timeout was called with just 30 second left on the clock. Back on the floor, the Townies hung onto the ball for quite some time before Hazard drilled a three with a man in his face to give the Townies a 54-51 lead with just 12.6 second left.

“No, no, no,” Coach Andrade said when asked if Hazard was suppose to take a three after the timeout. “It was supposed to be hold it for ten seconds and I wanted Deyshawn (Tengbeh) to come off a screen.”

After the Tigers rushed the ball past the half

court mark, Tiverton called another timeout with just 10.7 second. A missed shot on a jumper by the D-III champs forced them to foul with just 2.3 second left. This sent Hazard to the line just needing one score to seal the deal for the Townies and that is exactly what he did as E.P. celebrated a 55-51 win.

“He (Hazard) is becoming a player quietly and one of our best.” Coach Andrade said. “He is only a sophomore too.”

Meanwhile, for Tiverton this puts an end to an unexpected season that saw the Tigers finish with a 17-0 regular season record then win three more times in the playoffs to claim the Division III championship.

“I am proud of them and they have nothing to hang their heads about,” Tiverton head coach David Landoch said. “You have no idea (how special this team is). To come into this season with the expectations to go into, and win, in the playoffs and then go a whole season undefeated is amazing. This is the first time this team has lost since September 28. Everyone on this team knew their role. I can’t say enough about them.”

E.P. celebration was short-lived as the Townies were blown from the playoffs by top-seed Bishop Hendricken.



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# Opinion

## EDITORIAL

### Three to five inches — Call in the cancellation!

**T**he forecast of a few inches of snow prompts a rush to the 'storm cancellation' list from a predictable bunch.

Three to five inches was predicted Friday (roads were bare in much of the region through the morning rush), and the cancellations came pouring in from the usual places — and not just public schools.

#### For instance:

■ Day care providers — 'Precious Cuties Learning' and the rest close their doors at the first mention of a flurry (they mostly get paid anyway); Parents and the places they work are left in the lurch.

■ Colleges — URI, BCC, UMass Dartmouth ... No make-up days needed, tuition is paid up — what's the point of holding class?

■ Certain private schools — See above.

■ Naval War College — This one's worrisome. Aren't these our stalwart defenders, the mariners training to brave the

oceans' and our enemies' worst ... knocked out of commission by a few flakes? They are hunkered down while employees at nearby McDonald's, Stop and Shop, even the Prudence Ferry and quahog-

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gers show up for work or else.

■ Massachusetts Maritime Academy — See above.

■ Rhode Island Coastal Resources Management Council — This group is deathly afraid of weather of any sort, typically calling off monthly meetings days in advance. Meanwhile applicants' long waits drag on and on.

■ Vocational training schools — In most of the working world, attendance is required in any weather. Maybe the curriculum should reflect that.

■ Town and state offices — These mostly didn't close Friday but often do. Makes one wonder just how 'essential' some services truly are.

■ Court — Delays, postponements ... just part of the experience.

It sometimes seems that severity of storm counts for less than assurance of paycheck.

## LETTERS TO THE EDITOR

### Budget Committee activity should alarm Tiverton

#### To the editor:

I have recently started attending budget committee meetings after hearing that our schools' budget was in jeopardy of being cut — being a parent this concerned me.

What I have learned is that this is a much bigger issue than just school budgets. The cuts are drastic to every department in town and the way our school superintendent, fire chief and police chief have been interrogated by some members of our budget committee is embarrassing.

Our fire chief is currently responding to emergency calls in a car with over 280,000 miles and that will not pass inspection. Upon asking for a new vehicle he was asked if a car unusable to the police department could be repurposed for him. If a car has so much mileage and engine wear that the police can't respond to an emergency in it how can the fire chief be expected to?

Our police chief requested funding for one additional officer, explaining that during each shift only three officers are patrolling our town of 15,000 residents and that this past year calls to the police station were up 15.1%.

One of our budget committee members asked if the calls to the department were for cats in trees or if calls were actual emergencies. If our budget committee member had been more in tune with the police and fire needs of our community, she may have known that car break-ins and other crimes are a regular occurrence in our community, and school bus routes have been rerouted for student safety due to speeding and driver distraction. The safety and well-being of our officers and our citizens should be a town priority not a cost saving strategy.

Our police chief, school superintendent and fire chief have all

explained to the committee they have lost police officers, fire responders, and teachers to other communities because we pay some of the lowest salaries in the state. During the library budget presentation, one budget committee member chose to express his unhappiness with materials offered in the library teen room, going as far as to present printed materials of a video game that he saw at the library. I was under the impression that as a member of the budget committee he was entrusted with creating a budget for the town, not with choosing which materials should be censored at a public library.

I believe in cost saving, however the cuts we have already experienced are crippling and at some point we need to find value in expenditures that educate our children and keep us safe in our homes.

**Jennifer Joslyn**  
Tiverton Resident

### Tiverton can't afford to keep piling on the taxes

#### To the editor:

As a former member of the Budget Committee over the past four years, I find it amusing how many people never attended Budget Committee meetings until now! They went to vote, not really understanding what they were voting for, and now all of a sudden they are all having a "Jesus moment."

There are a few elementary rules at play here. First of all we are bound by the laws of the state. For instance, you

cannot give the School Department or the Library Services any less than they had the year before. Forget it if the town has to go with roads full of potholes, this is mandatory.

So, that being said, we have to keep those budgets close to level funded because whatever you give this year goes to them for infinity - heaping taxes on top of taxes, i.e. that is why most people who voted the last few years chose an alternate budget.

Also, and I am not talking about

positions that address the town's safety, i.e., police or firefighters, any time you added a union worker, you can not get rid of that position. Again, that salary goes on to infinity, unless you fight the union.

This all being said, educate yourself on what you are voting for, as we already have people moving out of Tiverton because of high taxes — don't think we can keep on piling on more.

**Madeline O'Dell**  
Tiverton

### Katz and cronies cherish wallets above community

#### To the editor:

Regarding the Tiverton Public Library, it would appear that Justin Katz has fallen in love with statistics reminiscent of Billy Bean and his baseball metrics in 'Money Ball.' It must be said that none of his statistics appear to be false. It is also fair to say "There are lies, damn lies and statistics."

As usual, Katz misses the point like most new-comers to town do.

The point is that we, who have always proudly identified with the past and present accomplishments of our town, want our town, our beloved Tiverton, to be the very best it can be. That includes fire and rescue, police, our schools and our showplace library.

Mr. Katz is clearly looking for the cheapest way out, period. I would strongly urge people like Mr. Katz who identify themselves

solely by their status as "taxpayers," that is, who cannot see beyond their own miserly wallets, to look elsewhere for their residence. There are nearby communities which always seem to have room for "nickel and dimers." Don't listen to Mr. Katz or his cronies. Otherwise, you will get what you pay for: Fake Value.

**Charles W. Santos, Ed.D.**  
Tiverton

### Tiverton administrator deserves to keep his job

#### To the editor:

First I have to say thanks to the crew that puts the the town meetings on line. I'm able to watch them when I have time.

I have to tell you I was sad to see that the current Town Council will not renew Town Administrator Matthew Wojcik's contract. They chose to look for a new administrator, which makes me wonder why?

I have known, and have had numerous discussions with every town administrator since our first, Paul Northup. History shows us what hap-

pens when the wrong person is in that job, We have paid huge settlements to ex-town employees in recent years because of bad moves by an administrator and some of his staff. Hundreds of thousands paid out of taxpayers' pockets because of bad management when we lose in arbitration. We could have paved five miles of road with that money curb to curb.

The current town administrator has worked from day one to protect the taxpayers by changing the old play book with a whole new set of rules that comply with labor law. This pro-

jects us from expensive legal action. He has overseen disputes in every department, and seems to have the town back on a forward track.

I could go on with the improvements I've seen in town departments, but I'm limited by the editor.

In short we have a professional now who has a proven record. If your trash is picked up this week it was his budget work that paid the vendor. I hope this council sees the value we have in Matt.

**Joe Sousa**  
Tiverton

## SAKONNET TIMES

Established in 1967

Matthew Hayes, Publisher

Bruce Burdett, Editor

R. S. Bosworth Jr., Publisher Emeritus

### Letters policy

The Sakonnet Times encourages all citizens to comment publicly on the events and times in which we live. We will print any letter sent to us, adhering to guidelines for taste, accuracy, fairness and public interest. Letters must be signed by the author and must include telephone number and street address. Letters are limited to 500 words. Direct letters to: Sakonnet Times, P.O. Box 90, Bristol, RI 02809. Letters may also be sent to sakonnet@eastbaynewspapers.com

### Correction policy

We adhere to the highest standards of accuracy, fairness and ethical responsibility. If you feel we have not met those standards, please notify us. We will correct any errors brought to our attention or that we discover ourselves. They will always appear on this page.

This newspaper does not assume responsibility for errors in advertisements printed herein, but will print without charge that part of any advertisement in which an error occurs. One-year subscription rates are \$40 (\$35 w/E-Z Pay) in county, \$68 in New England (\$64 w/E-Z pay) and \$90 nationwide (\$84 w/E-Z pay). Periodicals postage paid Tiverton, RI 02878 and at additional mailing offices. The Sakonnet Times office is located at 1 Bradford St., Bristol, R.I., 02809. Telephone 624-3035. POSTMASTER send address changes to Sakonnet Times, 1 Bradford St., Bristol, R.I., 02809.

## AROUND TOWN

**Adult dance lessons  
Thursdays, Mondays**

TIVERTON — Beginner country line and couples dance lessons are offered on Thursdays and beyond beginner country line and couples lessons are offered on Mondays at Countryview Estates Community Center, 213 Hurst Lane.

It's 95 percent country, with a little non-country added in for fun. Line dance lessons are from 6:30 to 8 p.m., followed by couples lessons from 8 to 8:30 p.m. The cost is \$5 per class. For more information, call JoAnn at 774/ 202-5543 or e-mail gtctdancers@yahoo.com.

**Annual growers'  
market open Saturdays**

SAKONNET AREA — The Aquidneck Growers Market is open on Saturdays from 9 a.m. to 1 p.m. at Newport Vineyards and Winery on East Main Road in Middletown.

The winter season offers locally grown vegetables, fresh artisanal breads and pastries, locally sourced seafood, pasture-raised meat and eggs and more, plus live music and a changing selection of artisan vendors. For more information on the year-round market, visit [www.aquidneckgrowersmarket.org](http://www.aquidneckgrowersmarket.org).

**Trinity Trader Thrift Shop  
open Thursday and Saturday**

TIVERTON — The Trinity Trader Thrift Shop is at Holy Trinity Episcopal Church, 1956 Main Road. Hours are from 9 a.m. to 2 p.m. Thursdays and Saturdays.

A half-price sale begins March 16. All items are half-price (except in display cases). There is boutique clothing, as well as dining room and kitchen equipment, useful items for the home and computer accessories.

**Low-cost rabies clinic  
at Potter League on Saturday**

SAKONNET AREA — The Potter League, in partnership with the R.I. Veterinary Medical Association, will offer a low-cost rabies clinics for dogs, cats and ferrets in the community on Saturday, March 18, from 10 a.m. to noon at the Potter League for Animals, 87 Oliphant Lane, Middletown.

There is a \$10 fee (cash) per animal payable on the day of the clinic. Registration is not required. Cats and ferrets must be in carriers. Dogs must be leashed. To be eligi-

ble for a three-year vaccine, owners must bring proof of prior vaccination. If you cannot provide proof, pets will only receive a one-year vaccine.

Call 846-8276 or email [info@PotterLeague.org](mailto:info@PotterLeague.org) with any questions. Visit [www.PotterLeague.org](http://www.PotterLeague.org) for more information about the Potter League, as well as a listing of the animals they have for adoption.

**Thrift store open  
at Amicable church**

TIVERTON — The Amicable Congregational Thrift Store (ACTS) is open at the church, 3736 Main Road, from 10 a.m. to 2 p.m. Thursdays and Saturdays. During March, all clothing and shoes are half-price. They are now accepting spring and summer donations.

There is a large selection of clothing and jewelry, including clip earrings. All proceeds go directly to the church. Donations of gently used clothing, household goods, glassware, etc., are always welcome.

**Spring concerts offered  
at Brookdale Sakonnet Bay**

TIVERTON — Brookdale Sakonnet Bay at 1215 Main Road will host a series of spring concerts throughout the month of March and invites the seniors of Tiverton and surrounding areas to attend.

Join them in the Great Room (original to the former Coachmen Restaurant) and enjoy the spring concerts while overlooking the Sakonnet River and Mount Hope Bridge.

The concerts include music with music with Anne on Sunday, March 19, at 2 p.m.; John Silva on Monday, March 20, at 2 p.m.; music with Dave on Wednesday, March 22, at 2 p.m.; The Singing Nurse on Saturday, March 25, at 2 p.m.; music with Larry on Thursday, March 30, at 2 p.m.; and Candida Rose on Friday, March 31, at 6:30 p.m.

For more information, contact Ashlyn Cleary at 624-1880 or [acleary@brookdale.com](mailto:acleary@brookdale.com).

**'Sound Experience'  
at Wellness Center**

LITTLE COMPTON — The Little Compton Wellness Center offers programs and services to promote healthy aging within the community through affordable programs and services.

A "Small Group Sound Experience" with Lynda Loranger and Shirley Pryor is on Saturday, March 25, from 3 to 4:30 p.m. Be sur-

rounded by the sound and vibration of sacred gongs and chimes and sacred Tibetan singing bowls. The cost is \$15. Call to reserve a space as this experience will be limited to 16 participants.

Ongoing classes include a Quilting Club on Mondays from 9 a.m. to noon with instruction by Marty Fisher (space is limited), Ex-Tension exercise with Mary Derbyshire on Tuesdays from 10 to 11 a.m. and Thursdays from 10:30 to 11:30 a.m. (\$15 per class), yin restorative yoga with Angela Denham on Tuesdays from 8 to 9 a.m. and 5 to 6 p.m. (\$10 per class), Adaptive Exercise with Jen Meyer on Wednesdays from 2:30 to 3:15 p.m. (\$5 per class), meditation classes with Ryan Post on Wednesdays from 4:30 to 5:30 p.m., and a gentle yoga class with Nicole Lebreux on Thursdays from 8:30 to 9:45 a.m. It's a meditative practice for the beginning student or experienced yogi.

Other services include reflexology, reiki and massage therapy. A caregivers' support group meets every other Wednesday at 8:30 a.m. SHIP (Senior Health Insurance Program) counseling with Pat Walker is on the first Thursday of every month. Dr. Alan Lechan (podiatrist) and Nan Haffenreffer (visiting nurse) are on the last Thursday of the month.

The wellness center is at 115 East Main Road. For more information, or to reserve a space for programs, call 592-0400 or e-mail [office@littlecomptonwellnesscenter.org](mailto:office@littlecomptonwellnesscenter.org). Visit [www.littlecomptonwellnesscenter.org](http://www.littlecomptonwellnesscenter.org) to learn more and for a calendar of ongoing events.

Transportation to classes and events at the center can be arranged by calling Margaret Tirpaeck, director of senior transportation in Little Compton, at 835-2454. Forty-eight-hour advance notice is appreciated for all rides.

**The Sakonnet Chicks  
welcomes new members**

SAKONNET AREA — The Sakonnet Chicks, a group of woman who meet monthly to enjoy friendships that have developed over the years, has been in existence for 15. The group meets on a monthly basis for breakfast or lunch and the members team up and volunteer to plan an event for a month.

Membership is \$5 per year. The March luncheon is on Thursday, March 23, at 11:30 a.m. at the Olive Garden in North Dartmouth. Call Barbara at 635-2618 if you are interested in joining them for lunch or future programs.

**To Submit Community News**

**BY E-MAIL (PREFERRED):**  
[lrego@eastbaynewspapers.com](mailto:lrego@eastbaynewspapers.com)

**BY MAIL:** Sakonnet Times, Community News,  
P.O. Box 90, Bristol, RI 02809

**BY FAX:** 401/253-6055

**FOR MORE INFORMATION:** 401/253-6000, ext. 107

Or stop by our office at 1 Bradford St., Bristol.

Photos are encouraged but cannot be returned, unless a self-addressed, stamped envelope is enclosed.

Milestone events, such as births, weddings, engagements, etc., must be submitted within the year following the event.

**DEADLINE: Noon on Tuesday**

**LoveBash benefit  
is for Potter League**

The Potter League invites everyone to the pawty of the year to benefit hopeful and homeless animals. The LoveBash for Animals is on Friday, March 24, from 6 to 9 p.m. at the Atlantic Resort Newport, 240 Aquidneck Ave., Middletown.

There will be dinner-by-the-bite, delectable sweets, a complimentary wine and beer tasting (6 to 7:30 p.m.), live and silent auctions, a special impact video presentation and the first-ever Paws Up auction in support of the mission.

There will be a cash bar and music provided by DJ Bells. Cocktail attire is suggested. Tickets are \$100 in advance or \$125 at the door. For more information, or to purchase tickets, visit [www.potterleague.org](http://www.potterleague.org) or call 846-0592. The event is for humans only.

**Dinner-dance hosted  
by Knights of Columbus**

TIVERTON — All are invited to join the Knights of Columbus for a dinner and musical entertainment on Saturday, March 25, at the 28 Fish Road hall. The event will be hosted by Fr. Donahue Assembly in honor of their Patriotic 4th Degree.

A meatloaf dinner with all the fixings is at 7 p.m., with dancing until 11 p.m. with music by Lucien & Debby.

Tickets are \$28 per couple. Contact Ron Price at 508/636-0240 ([ronprice@charter.net](mailto:ronprice@charter.net)) or Steve Mello at 368-7366. Make checks out to Fr. Donahue Assembly K of C.

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# Butch McCarthy, Francisco Pais, gongs at Sandywoods

TIVERTON — The Sandywoods Center for the Arts at 43 Muse Way hosts concerts and more each week. For more information, visit [www.sandywoodsfarm.org](http://www.sandywoodsfarm.org). For information on concerts, visit [www.sandywoodsmusic.com](http://www.sandywoodsmusic.com) or e-mail [sandywoodsmusic@gmail.com](mailto:sandywoodsmusic@gmail.com).

■ **Butch McCarthy and the Gentlemen of Leisure** will perform on Friday, March 17, at 7:30 p.m. Doors open at 7. BYOB and food are allowed. Tickets are \$12 in advance and \$15 at the door. Reserve advance tickets through Brown Paper Tickets at [www.brownpapertickets.com/event/2898146](http://www.brownpapertickets.com/event/2898146).

Butch McCarthy is a singer/songwriter from New Bedford, who has performed throughout New England since the 1970s with various bands and solo. His latest release, "No More," was released last April and is his first solo album since "Prevail" in 2011. It features 10 newly penned songs backed up with a talented array of local Southern New England musicians.

At Sandwoods, he will be backed by The Gentlemen of Leisure (Steve Mazza on bass, JB Borges on drums and Bob Calderara on mandolin).

■ **A gong sound bath** is in the yellow building on Saturday, March 18, at 6:30 p.m. It is \$15 per person. A gong sound bath immerses listeners in waves of sacred and healing sound. Deb Stevens, using a variety of Tibetan gongs, bells and chimes, will bathe you in peaceful sustained waves of primordial sound.

Listeners typically experience a sense of well-being. Some listeners describe out-of-body experiences, or seeing images, colors or symbols behind their closed eyes. Gong sounds can induce a spontaneous meditative state and help with stress-related issues, depression, fatigue, or other conditions related to a lack of balance and harmony in the body.

Bring mats, pillows or blankets for comfort on the floor. Chairs also are available.

■ **Francisco Pais: Lotus Project** is on Saturday, March 18, at 7:30 p.m. Doors open at 7. BYOB and food are allowed. Tickets are \$15 in advance and \$20 at the door. Reserve advance tickets through Brown Paper Tickets at [www.brownpapertickets.com/event/2875734](http://www.brownpapertickets.com/event/2875734).

[www.brownpapertickets.com/event/2875734](http://www.brownpapertickets.com/event/2875734).

He will present music from his new album "Verde." Performing will be Francisco Pais, guitar; Myron Walden, tenor; Immanuel Wilkins, alto; Julian Shore, piano; Connor Schulze, bass; and Ferenc Nemeth, drums.

The album is a kaleidoscopic offering. Portuguese-born guitarist Francisco Pais pulls together a collection of New York's finest young-ish guns to breathe life into his variegated works – pieces that alternately touch on everything from indie rock to modern jazz, country to tempered fusion, and American blues ideals to the sounds of drum 'n' bass.

The crew of longtime friends and colleagues that form the Lotus Project bring a perfect blend of precision, punch and personality. Pais has managed to create something completely in line with today's borderless musical world.

"Francisco Pais can really play up a storm." – Lyle Robinson, [jazz-guitarlife.com](http://jazz-guitarlife.com).

■ **A free open mic** is every Tuesday from 7 to 10 p.m. with host Gary Fish. BYOB and food are allowed. All musicians, performers and spoken word artists are welcome to take the stage. Admission is free, but donations for the evening's featured performer are much appreciated.

### Ongoing events

■ **CORE after-school arts** with Gloria Crist is on Tuesdays from 3 to 4:30 p.m.

■ **Figure drawing** with live models is on Wednesdays from 9:45 a.m. to 12:45 p.m. For more information, call 316-8272.

■ **Fitness classes** also are offered — Active older adult fitness classes with Bernadette Girard are every Thursday at 10:15 a.m. in the Yellow Building. And, on Wednesdays at 6:15 p.m., she will offer a Box Mania class. Drop-ins are \$10 or a six-week pass is \$48. For more information, call 497-7215.

Zumba is on Mondays and Thursdays at 6:30 p.m., Wednesdays at 8:30 a.m. and on Saturdays at 9:15 a.m. in the Center for the Arts building. It is \$7 per class.

Pilates is at 10:30 a.m. on Saturdays in the Yellow Building. It is \$10.



Naturalist Marcia Wilson with some of the owls. The owls in the show have permanent disabilities that prevent them from surviving on their own in the wild. These non-releasable owls are captivating ambassadors from the world of wildlife.

## Eyes on Owls to present two live owl shows

WESTPORT — Eyes on Owls, in conjunction with the Westport Land Conservation Trust, will present its third annual live owl show on Saturday, March 25, at Westport High School, 19 Main Road. Shows are at 10 a.m. and 1 p.m.

Attendees are in for a hooting lesson and then several close-up views of these secretive birds of prey. Naturalists Mark and Marcia Wilson will present the live owls

one at a time, with each owl perched securely on their gloved hand.

The owls presented have permanent disabilities that prevent them from surviving on their own in the wild.

These non-releasable owls are captivating ambassadors from the world of wildlife.

Tickets are \$10 for adults and \$5 for children ages 5 to 11. The show

is not recommended for children under 5.

Tickets will be sold at the door on the day of the event.

Online ticket sales are available at [www.WestportLandTrust.org](http://www.WestportLandTrust.org).

Program sponsors are Westport Law, Country Woolens, Alden Hill Real Estate, A.D. Makepeace Companies, Anchor Animal Hospital, Meyer, Regan & Wilner, LLP, and Whaling City Transit.

### SENIORS

#### Senior center has lunch programs, fitness, advice

TIVERTON — The Tiverton Senior Center at 207 Canonicus St. is open from 9 a.m. to 4 p.m. Monday to Friday. For more information, call 625-6790. Membership is \$5 a year. Class fees are double for non-members.

Membership was due in January. Dues are \$5 per year. The benefits of a senior center membership is event and class priority, reduced class prices, and preference on other activities.

The AARP Tax Assistance program is under way. Volunteers are at the center from 9 a.m. to 3 p.m. Wednesdays and Fridays through April 15 to help low- to moderate-income taxpayers, especially

those 60 and older. They are trained to assist you in filing certain tax forms and schedules, including Form 1040. Clients are taken on a first come, first served basis, so sign in when you arrive. Bring all W2 forms from wages or pensions, 1099s from pensions, copies of last year's tax returns, and IRAs or distributions of any kind. If you are filing Form RI-1040H, bring your property tax bill or rent receipt.

Are you having trouble purchasing food? Are you eligible for SNAP? Karen Emmes is at the center on the third Thursday of the month from 9:30 to 11 a.m. to process applications. Call 625-6790 to make an appointment.

The senior center also offers information and referrals, SHIP

(Senior Health Insurance Program) counseling, assistance with medical assistance and SNAP applications and re-certification applications, and heating assistance applications, AARP-sponsored tax assistance program and mature driving classes, monthly blood pressure clinics sponsored by Visiting Nurse Services of Newport and Bristol Counties, door-to-door bus service to the elderly in town for shopping, and many other services. Stop by and see what they're about.

#### Ongoing events

Bus transportation for the elderly is offered for shopping and meal-site transportation. It is free and for any Tiverton resident who is 50 and older or handicapped.

See **FACING PAGE**

### AT THE LIBRARIES

#### Drop-in programs offered on Saturday

TIVERTON — A free, drop-in Saturday is on March 18 at Tiverton Public Library, 34 Roosevelt Ave.

Drop in from 10:30 to 11:45 a.m. in the children's activity room for an all-ages Lego building time for ages 5 to 105 or a foam block/Megablok building time for ages 1 to 4. Parents/caregivers must be present for all children age 10 and under.

They supply the Legos, Megabloks and foam blocks; you supply ideas, creativity and construction. No experience is needed.

On the same Saturday, come by for "All Aboard – It's Train Time!" Children ages 2 to 10 are invited to play with the library's wooden train set. All that's needed are children, imaginations and creativity. No bat-

teries or electricity required.

For more information, call Janet Linhares, children's librarian, at 625-6796, ext. 3, or visit the library.

### ACHIEVEMENTS

MANDY RYLL of Tiverton was named to the fall semester dean's list at Rochester Institute of Technology where she is studying in the game design and development program.

ELAINA ALZAIK of Tiverton earned a fall dean's award for academic excellence at Colgate University where she is a member of the Class of 2020.

AURORA D. GOODLAND of Tiverton was named to the fall semester dean's list at Simmons College.

## 5X POINTS MONDAYS

MONDAYS IN MARCH  
(6, 13, 20, 27)  
10AM - Close

Earn 5X POINTS!

Saturday, March 18 • 9PM

### ROLLING STONES

The Glimmer Twins TRIBUTE SHOW

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## SENIORS

From **FACING PAGE**

Regular trips are to the Harbor Mall on Tuesday (includes Super Walmart and Price Rite) and Tiverton shopping (Rite Aid, CVS, Bank Newport and post office) and Seabra in Fall River on Wednesday. Call for reservations.

Computers are accessible from 9 a.m. to 4 p.m. Monday to Friday. Cards, Keno and billiards are ongoing most days. All classes are open to the public.

On Thursdays, TOPS (Take Off Pounds Sensibly) meets at 10 a.m.; weigh-in begins at 9:30. Dues are \$32 a year and \$3 dues per month. For more information, call Pauline Lima at 624-6331. All are welcome.

Knitting For Charity volunteers meet at 1 p.m. on Thursdays. Bridge is at 1 p.m. Thursdays.

Birthdays for the month are celebrated on the third Thursday of the month, Feb. 16.

Mahjong players meet on Fridays at 11:30 a.m. They are always looking for new players. Bingo is at 1 p.m. most Fridays.

On Monday, Wednesday and Friday, Functional Fitness under the direction of Debbie Gagnon is from 9 to 10 a.m. Exercises include a Pilates component and exercises using weights. The fee is \$6 per class; \$3 for members.

Quilting for charity meets every Monday at 9 a.m.

Chair yoga is on Mondays at 1:30 p.m. with Kate Ward. The fee is \$6; \$3 for members. It is suitable for all ages and abilities. Wear comfortable clothing and bring a

bottle of water.

On Tuesdays and Thursdays, "Walk Away the Pounds" begins at 9 a.m. with a 20-minute, one-mile walk. At 9:25, there is a 30-minute, two-mile walk, which is more advanced. Participants can do one or both. It's free.

On Tuesdays, Joe Dobrott is at the center from 9 a.m. to noon to assist with health insurance plans, supplemental insurance and Medicare Advantage Plans. He also can help with medical billing problems and RIPAE or SNAP (food stamps) applications. Call the center for an appointment.

On Tuesdays, a watercolor class is from 1 to 3 p.m. with instructor Madeleine Diogenes. The fee is \$3. Call for more information. Games are played at 1 p.m.

On Wednesdays, chorus, under the direction of Starr Medeiros, meets at 12:30 p.m. The fee is \$2. New members are always welcome.

### Transportation offered to Little Compton seniors

LITTLE COMPTON — Stay at Home in Little Compton offers transportation to seniors for private appointments, shopping, all Little Compton churches on Sundays or group outings. The van can carry up to 12 passengers and two wheelchairs.

Transportation to and from the Little Compton Community Center luncheon at 11:30 a.m. is every Monday, Wednesday and Friday and starts its route at 10:30 a.m. The cost is \$2 to \$4.

Private rides to doctor, apothecary, etc., within a 30-mile radius are \$5, private rides to St. Anne's and Charlton for visiting hours are \$5, and private rides to the airport, train or bus are available.

To make a reservation for any of the trips, or to find out more, call Margaret Tirpaek, director of senior transportation, a division of Stay at Home in Little Compton, at 835-2454.

### Senior activities at the community center

LITTLE COMPTON — Senior lunches are served at 11:30 a.m. Monday, Wednesday and Friday at the Little Compton Community Center.

There is a \$3 suggested donation for the disabled and seniors. All others are asked to pay \$5. Call to reserve at least 48 hours in advance at 635-2400.

Instructor Debbie Gagnon provides low-impact, interval-aerobic movement with dance elements on Tuesdays from 11 a.m. to noon. It is \$5 per class; \$3 for members, as the community center underwrites a portion of the cost.

Also at the community center are senior bingo on the first and third Mondays of the month at 12:30 p.m., popcorn and movies on the second Monday of the month at 12:30 p.m., and cards and cookies on the fourth Monday of the month at 12:30 p.m.



Susana Ogata



Jessica Park



Jenny Sterling



Fiona Last



Guy Fishman



Jesse Levine



Margot Rood



Ian Watson

## Members of Handel & Haydn Society to perform

WESTPORT — Eight musicians from the Handel & Haydn Society will perform a concert of baroque chamber music on Sunday, March 26, at 3 p.m. at 1912 Main Road, Westport Point. Doors open at 2:15. The spirit of baroque music is an unwavering belief in the power of music to touch people's lives, and the concert will include works by Telemann, Handel and Geminiani in various musical formats that were created to convey such ideas.

Harpichordist and conductor Ian Watson will lead small ensembles drawing on differing mixes of instrumental and voice perform-

ers. Instrumentalist will include violinists Susana Ogata and Jessica Park, violist Jenny Sterling, oboist Fiona Last and cellist Guy Fishman. Two pieces will feature the natural trumpet played by Jesse Levine. Soprano Margot Rood will sing Handel's "Silete Venti" ("Winds Be Still") and "Let the Bright Seraphim."

Tickets are \$25; \$10 for students, and can be purchased online at [www.concertsatthepoint.org](http://www.concertsatthepoint.org) or reserved by calling 508/636-0698. Reserved tickets can be picked up and paid for at the door (cash or personal checks only). There is open seating.

## RELIGION NEWS

### Lent at Holy Ghost

TIVERTON — Lenten devotions are at Holy Ghost Catholic Church, 316 Judson St. On Fridays during Lent, Stations of the Cross are at 6:30 p.m., followed by a talk focusing on Our Lady at 7 p.m.

For more information, visit [Holy Ghost-CC.org](http://HolyGhost-CC.org) or call 624-8131.

### First Baptist (Old Stone)

TIVERTON — Sunday morning worship service is at 10 a.m. at First Baptist (Old Stone) Church, 7 Old Stone Church Road. All are welcome. Communion is offered on the first Sunday of each month.

Children begin in worship, are excused for a brief Sunday school lesson and then return to their parents with a quiet activity for the rest of the service.

The adult Bible study meets on Tuesdays at 6 p.m. A women's group meets twice a month. Call the church office for a schedule.

The food closet is open on Thursday from 10 a.m. to noon and on Friday from 8:30 to 10 a.m.

For more information, call the church office at 624-4155.

### Bliss Four Corners

TIVERTON — There will be a 10 a.m. worship service on Sunday, March 12, at Bliss Four Corners Congregational Church, 1264 Stafford Road. The sermon topic is "Go. Pray. Send. - Part 2." A fellowship reception follows. Sunday school is at 10 a.m. All are welcome.

A weekly Bible study and prayer meeting is on Wednesdays at 6 p.m. at a member's home. Come on Sunday to find out where. Anyone interested can join the small group.

The annual corned beef and cabbage supper was held in memory of organist Hazel Carr. Her son Wayne cooked the meal

and volunteers helped to make it a success.

For future events and more information, visit [www.blissfourcornerschurch.org](http://www.blissfourcornerschurch.org).

### United Congregational

LITTLE COMPTON — Sunday worship is at 10 a.m. at the United Congregational Church on the Commons. Childcare is available for up to age 3. Sunday school is available up to Grade 8. Everyone is welcome.

A youth group for grades 6 and up meets every other Sunday following worship.

A Lenten series is on Wednesdays through April 5 at 5:45 p.m. It is specifically focused on different practices of prayer. Meet in the vestry for pizza and fellowship before splitting up into groups for adults, youth and kids. But, call the church office to sign up so they know how much pizza to order.

For more information about the church and its offerings, visit [www.ucclcri.org](http://www.ucclcri.org) or call the church office at 635-8472.

### Lent at Holy Trinity

TIVERTON — The Holy Eucharist is celebrated on Saturdays at 5 p.m. and on Sundays at 8 a.m. and 10 a.m. at Holy Trinity Episcopal Church at 1956 Main Road.

There is a Healing Eucharist every Wednesday at noon. All are welcome.

If there is a parking ban in Tiverton, services are canceled for that day.

Father John and Kate Bates are holding a Lenten series on the topic of Lent with the primary focus on Holy Week. It is on Thursdays through April 6 from 6:30 to 8 p.m. in the parish hall.

The 14 Stations of the Cross are on Fridays at 6 p.m. throughout Lent. All are welcome. Then, a youth-led, interfaith Good Friday Walk through Tiverton is on Good Friday, April 14, at noon.

A women's retreat on "Self-Care" has been rescheduled for Sunday, March 26, from 2

to 4:30 p.m. in the parish hall. Maureen Henderson will facilitate. The signup sheet is posted on the bulletin board in the parish hall. Call the parish office for more information.

A "Swing Into Spring" fund-raising dinner is on Saturday, April 1, at 6 p.m. A chicken dinner is in the parish hall, followed by singer Lou Couto at 7:30. This is the second fund-raiser for the 2017 Capital Campaign. Admission is \$15 for adults; \$8 for children 12 and under. Call the parish office for reservations at 624-4759.

The Trinity Trader Thrift Shop is open from 9 a.m. to 2 p.m. Thursdays and Saturdays. For more information, call the church at 624-4759.

### Amicable Congregational

TIVERTON — Worship is at 10 a.m. on Sundays at Amicable Congregational Church, Main Road. March 19 is the third Sunday in Lent. The Rev. Dr. Leslie Simonson will preside over the service and the theme will be the spiritual gift of "Teaching."

Sunday school is available for children

ages 4 through high school. A child care professional watches younger children and infants during the service. Worship is followed by coffee and refreshments in the upper hall.

A Tuesday morning "Faith Conversation" is from 8:30 to 9:30 each week. Discuss issues of the day using a Bible reading as a springboard for conversation.

For more information, visit [www.amicablechurch.org](http://www.amicablechurch.org) or call 624-4611 from 9 a.m. to noon Tuesday and Friday.

### St. Andrew's by-the-Sea

LITTLE COMPTON — A celebration of the Holy Eucharist is at 10 a.m. at St. Andrew's by-the-Sea Episcopal Church, 182 Willow Ave. Coffee hour follows the service. All are welcome.

A simple celebration of the Holy Eucharist is offered at 5 p.m. on Wednesdays.

For more information, call the church office at 635-2452 or visit [www.standrewslc.org](http://www.standrewslc.org).

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## Cynthia M. Simmons

**Assistant director for town tax office, senior center**

Cynthia M. (Ponte) Simmons, 71, of Tiverton, passed away Thursday, March 9, 2017, surrounded by her loving family at Charlton Memorial Hospital after a courageous battle with cancer. She was the wife of John E. Simmons.

Born in Tiverton, she was a daughter of the late Manuel P. and Mary H. (Sousa) Ponte; she was a lifelong resident of Tiverton.

Mrs. Simmons was employed before her retirement by the Town of Tiverton as assistant tax collector and assistant director of the Tiverton Senior Center. Besides her

husband, she is survived by two daughters, Rebecca M. Simmons of Tiverton and Alicia M. Pimentel and her husband Jeffrey of Dighton, Mass.; a brother, Albert Ponte of Tiverton; a step-brother, Fred Swarz of Portsmouth; four grandchildren, Sarah Wenzel, Logan Pimentel, Lauren Pimentel and Emily Pimentel; and several nieces and nephews. She also leaves behind her beloved dog Lily.

Her funeral was Tuesday, March 14, from the Oliveira Funeral Home, Fall River, followed by a Mass of Christian Burial in St. Theresa Church, Stafford Road., Tiverton. Interment is in Pocasset Hill Cemetery, Main Road, Tiverton.

In lieu of flowers, memorial contributions may be made in her memory to Southcoast Pulmonary Rehabilitation, Narragansett Mill, 1565 North Main Street, Fall River, MA 02720

## Sandra L. Robison

**Lived in Tiverton; services Friday**

Sandra Lorraine Robison, 65, of Tiverton died Thursday, March 9, 2017, at St. Anne's Hospital of Fall River. Sandra was born June 16, 1951, in Attleboro, Mass. She is the daughter of the late Howard and the late Doris (Allen) Black. She married Perle Ray Robison.

She is survived by her husband, Ray Rob-

ison; two sons, Adam Wood of Tiverton and Eric and his wife Julia Wood of Exeter; two sisters, Sharon Black Ballou and Cheryl Black; and two brothers, Howard G. Black Jr. and Walter Black. She also has one grandchild, Isabelle Wood.

A memorial service will be held 6 p.m. on Friday, March 17, at Connors Funeral Home, 55 West Main Road, Portsmouth.

Calling hours will be Friday, March 17, from 4-6 p.m. at Connors Funeral Home, 55 West Main Road, Portsmouth.

Additional information at [www.memorialfuneralhome.com](http://www.memorialfuneralhome.com)

## Helen M. Sylvia

**Teacher in Tiverton and Westport**

Helen Mary (Domingos) Sylvia, 81, of Tiverton, passed away on Friday, March 10, 2017. She was the widow of Leon Sylvania.



Born in Fall River, she was the daughter of the late Josephine (Pitera) and Joseph Domingos.

An elementary school teacher, she had taught in both

Tiverton and Westport.

She is survived by her children, Melissa

Connors (husband Douglas), Maureen Sylvania and Leon "LJ" Sylvania (wife Lynn). She was the mother of the late Bruce Sylvania. She also leaves her grandchildren, Angela Fisher, Christopher, Amy and Jake Sylvania along with Douglas Connors. She was the grandmother of the late Gregory Connors. She also leaves a great grandchild, Abel Bernier, and a sister, Connie Aubin.

Visitation was Sunday from 4 to 7 p.m. Her funeral was Monday at 9 a.m. from the Pocasset Memorial Funeral Home, Tiverton, with a 10 a.m. Mass at St. Theresa Church. Burial was at Pocasset Hill Cemetery. [www.almeida-pocasset.com](http://www.almeida-pocasset.com)

## Helen Oser Miller

**Chose family life over modeling, acting career**

Helen Oser Miller, born in Boston to immigrant parents, was raised in a cold-water flat in a Boston coal yard, learned the joys of singing and acting in public schools and modeled at Jordan Marsh. Helen would be offered a Hollywood studio contract in the 1940s but chose a private, family life.



Helen would marry Boston lawyer David Miller. Together with their children they would live in Boston, Bristol, RI, Palm Beach, Fla., and San Antonio, Tex. Although their homes were the scenes of visits with actors, politicians and business leaders, Helen most

enjoyed her time with family and friends.

David would become a premier community developer in eight states during the 1940s-60s and was offered an ambassadorship by LBJ. Helen became a known hostess and contributor to charitable organizations. Three children, Robin Holbrook and Brant Miller of San Antonio and Jay Miller of San Antonio and Little Compton, survive as well as an extended family.

Helen passed away January 30 at the age of 93 in Little Compton, RI. A memorial will be held in San Antonio and later in Little Compton. Please remember Aphasia research, veterans' needs and police families for charitable gift-giving.

For a fuller account of the life of Helen Oser Miller, please go to this site:

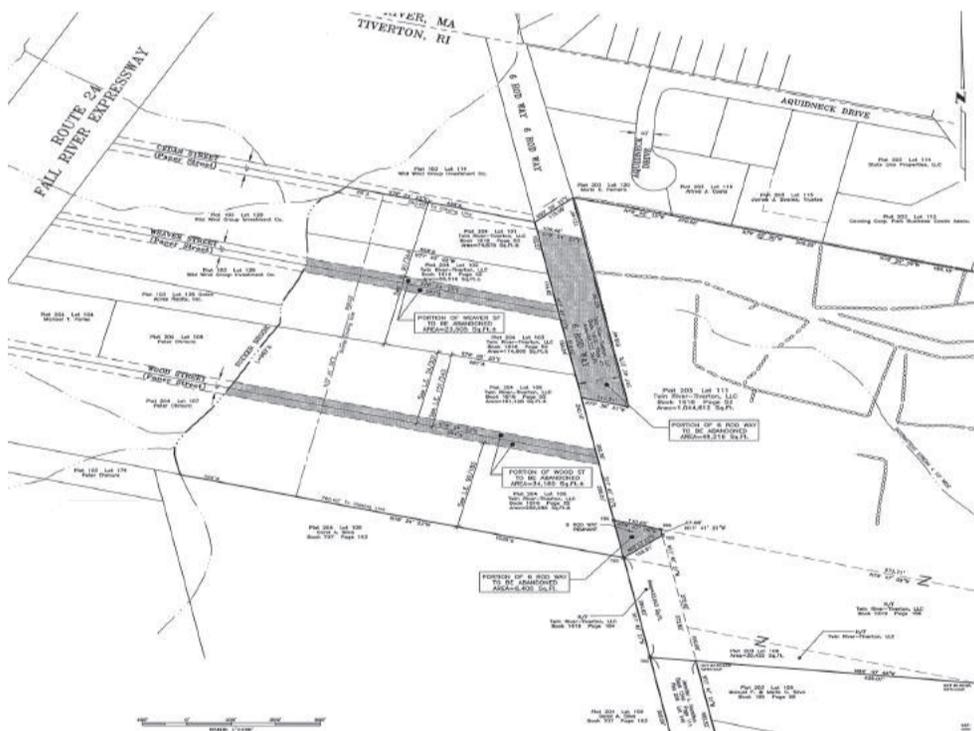
<http://www.memorialfuneralhome.com/obituaries/Helen-Miller-45/#!/Obituary>

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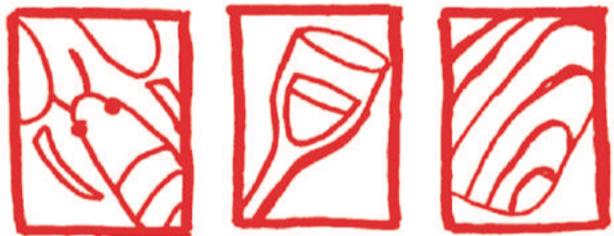
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## Getting in the swim of it

After a decade on the move, swimming school makes a home in East Providence

BY CHRISTY NADALIN  
cnadalini@eastbaynewspapers.com

"I doubt there's another swim school that's had more locations," says Susan Pascale-Frechette about Pods Swimming. We have basically been operating — and growing — out of a car for years." Susan, a former dental hygienist and Barrington resident, has been a swim instructor and coach for close to three decades. She launched Pods almost 10 years ago, with her sister Jamie serving as the school's program manager. Pods is accredited by the United States Swim School Association, and in fact was the first USSSA established swim school in the state of Rhode Island.

"We realized we needed to own a facility that could provide this programming under one roof."

■ SUSAN PASCALE-FRECHETTE

They had a great staff, a great program, and a loyal and satisfied client base. But they didn't have a pool. So they rented space in various facilities from one end of the state to the other. It was not unusual for Susan and Jamie to find themselves in a different pool every day of the week. With over 1000 clients, things got a little crazy. "It wasn't sustainable," said Susan. "We couldn't thrive."

That's all going to change this month. Pods' brand-new, permanent home will be opening its doors in March, at 111 Commercial Way in East Providence.

"We realized we needed to own a facility that could provide this programming under one roof," says Susan, of their previous arrangement, in which they would conduct some classes in shallow, warm water teaching pools, and others in large, 25-yard pools. "We needed a place for swimmers to grow. Once a child can swim a short distance, they need larger space to continue to learn, to experience what it is like to swim in deeper water."

Pods' new facility has both a shallow,



RICHARD W. DIONNE JR.

Susan Pascale-Frechette of Pods Swimming is ready to welcome students to their new, state of the art East Providence facility.

warm teaching pool ideal for the littlest swimmers, as well as a six-lane 25 yard pool.

While there are private clubs with pools, Pods is the state's first privately owned full-service aquatics center. "As an industry it was completely unknown to lenders," Susan said. "There was nothing comparable." Susan and Jamie brought in a swim consultant and

designed a state of the art facility with the cleanest water technology available. "We wanted to do this the right way."

You don't have to take lessons to enjoy Pods' sparkling new facility — they will be offering lap swim several hours most days, as well as family swim times. Susan has also been approached by schools hoping for practice time for their teams, and she should be able to accommodate

some of them.

But her first priority will remain her loyal clients, many of whom have followed her nomadic travels around the state for several years. When Susan and Jamie finally throw open their doors — which is scheduled for Friday, March 17 — they will finally have a home of their own.

### DOWN TO EARTH

## The swinging pendulum of spring in New England

Last weekend when the wind-chill temperatures registered in single digits I found things to do inside. Any other winter day I'd have been happy for the excuse to curl up with a book but I suddenly desperately had to start something. Do stuff. Get growing again. Spring has that effect on gardeners. Plants too.

We can hardly blame trees and shrubs for jumping the gun, beginning to break dormancy when the temperatures rose April-like a few weeks into February. Daffodils reached foliage and buds out of the leaf litter; crocus and tiny Iris reticulata put



Kristin GREEN

on a preview. Didn't some of us try on summer clothes too and dust off our bikes? I got my booster shot of vitamin D by lightly tidying fallen stems and shattered grasses. But as usual, we were right to resist gardening too hard too soon. The pendulum swung.

We can't be blamed for worrying now about frigid cold and snow ruining everything's enthusiasm. I remember the year

magnolia flowers were torched to brown blobs by an unkind frost. So disappointing! And Heaven help us all if mophead hydrangeas go another summer without blooming. If only we could throw blankets over every temperature-sensitive opportunist in the yard. Worst case scenario, nothing blooms ever again. Perish the thought. Best case scenario, come April or May all's well pretty much mostly, and anyway, we re-learn to appreciate the things that hold out for more reliable cues like long days and warm soil below the surface. Inside, protected from March's incon-

stancy, growth may be encouraged. For those of you who treat your houseplants with loving kindness, it's time to start fertilizing again. I'm not sure how they knew it but even plants I stuck down cellar last fall to go dormant in the dark, woke up. Without benefit of daylight to encourage chlorophyll production, albino shoots broke, evidently overnight, from the woody stems of Fuchsia 'Gartenmeister Bonstedt' and a potted toon tree (Toona sinensis 'Pink Flamingo'). The light of day will turn the fuch-

**POLI-TICKS**

# A 38 Studios investigation? Not!

Finally, the long-awaited release of records, well, sort of...from the Rhode Island State Police (RISP) of its 38 Studios investigation hit the streets. I wondered where had my beloved RISP disappeared with this sham of a disclosure. Apparently, the present Colonel, Ann

Assumpico, who was not the superintendent at the time, agrees. None of the 38 Studios senate interview transcripts were released, making one wonder whether any senators were even questioned once Senate President Teresa Paiva Weed said she met with Curt Shilling but told none of her colleagues about the legislation.

Then, there is the absence of transcripts from former Speaker Bill Murphy who stopped the cops in their tracks because he said he was representing miscreant Gordon Fox. What does that have to do with questioning him about HIS activities? Also missing were any transcripts of Attorney General Peter Kilmartin who was a top honcho in the General Assembly at the time. The latest news is that the then-head of RISP spoke to him and found nothing nefarious. No oath. No transcript.

The transcript of a sponsor of the 38 Studios bill, Former House Finance Chair Helio Melo, was missing. Ditto for former House Finance Chair Raymond Gallison,

former republican leader Joseph Trillo, former Rep. Peter Petrarca, and Rep. Brian Newbury. Dealmaker Michael Corso was not interviewed. Query whether these transcripts even exist.

The excuse may be that their statements went to the grand jury, but that practice is shoddy. Live witnesses should be called and put under oath. Here, statements were purely voluntary without any pain of perjury since none of them were sworn. Perhaps there is even more to the objection by the attorney general to release the grand jury testimony. While Mr. Kilmartin may be protecting his former cronies, it could be that he is protecting himself by such a slapstick presentation.

Governor Gina Raimondo has asked the court to release the grand jury records while the attorney general has objected, even though months ago he kissed goodbye to any indictments. Now a superior court judge will decide. Given how this case has played out I can't help but wonder if this is just a "good cop" (Ms. Raimondo) vs. the "bad cop" (Mr. Kilmartin) putting on a "wink wink" show for John Q. Citizen so the judge will give cover to both of them by upholding the prerogatives of the office of attorney general and thus block that information from becoming public. The judge, however, should allow the release so the thoroughness of the so-called 4 year investigation (which now looks more like a 4 hour one) can be assessed.

With all the yakking about bringing companies to Rhode Island, they'd have to be nuts to come to a state which stays up late at night figuring out how to obscure the truth from its own residents. It is laughable to watch the machinations of faking "accountability" while the maneuvering is to shroud the truth and let legislators off the hook.

Ms. Raimondo reneged on her campaign promise to have an independent investigation because it might be expensive and the public would learn nothing. Of course, citizens have learned very little as a result of this feigned transparency to date other than what appears to be a fiasco. The real costly results will be companies who stay away because of this political two-step and citizen cynicism.

*Arlene Violet is an attorney and former Rhode Island Attorney General.*



RICHARD W. DIONNE, JR.

## 'Shirley Valentine' at 2nd Story

In Willy Russel's captivating one-woman tour de force, an unfulfilled housewife fixes dinner while ruminating on her husband, her children, her life and, most importantly, her upcoming unannounced Greek holiday—a trip that leads to a life-changing romantic tryst and a mid-life fork in the road. With every tentative step, the audience is taken along for the ride as Shirley journeys toward self-confi-

**WHERE:** 2nd Story Theatre, 28 Market St., Warren  
**WHEN:** Through April 2; Thursdays-Saturdays at 7:30 p.m., Sundays at 2:30 p.m.  
**COST:** \$35; age 25 & under: \$25 with I.D.  
**MORE INFO:** 401/247-4200; 2ndstorytheatre.com

dence, self-discovery and, finally, liberation. With Joanne Fayan (pictured) in the title role.

## Butch McCarthy and the Gentlemen of Leisure

Butch McCarthy is a singer/songwriter from New Bedford who has been performing throughout New England since the 1970s. His latest release is 'No More' — his first solo album since 'Prevail' in 2011 and consists of 10 newly penned songs backed up with a talented array of local Southern New England musicians. He will be backed by The Gentlemen

**WHERE:** Sandywoods, 43 Muse Way, Tiverton  
**WHEN:** Friday, March 17; 7:30 p.m.  
**COST:** \$12 in advance/\$15 at the door  
**MORE INFO:** sandywoodsmusic.com

of Leisure consisting of Steve Mazza in bass and JB Borges on drums and Bob Calderara on mandolin.

## GREEN: Spring flipped that switch

From Page 1

sia foliage olive green again and the toon's new shoots will take on its remarkable namesake color. I'll have to keep an eye on my figs and with any luck, by the time they

break, it will be warm enough to throw some of these things outside. Because space is tight along windowsills and in my plantry.

I've tried to save room for seeds. Cool season crops and any seeds that take their time germinating can be sowed indoors now. Fitting a flat of sweet peas into an already over-full plantry has been like solving a tile puzzle. Light is a precious commodity in rooms without glass ceilings; the trick is to prevent one plant from casting too much shade on another. It's also essential not to block watering access by placing big containers in the way of smaller ones. I never manage to work it out quite right. The sweet peas germinated in a week — a record for me, not that I had anything to do with it — and want all the sun they can get.

Last year I purchased a cheap clear plastic "greenhouselet" and set it up in the driveway to accommodate plantry overflow. Sweet peas can take low, but not freezing, temperatures so as soon as March's lion takes a hike, I'll move them out along with the toon tree, fuchsia, figs, and sundry other temperate zone beauties. That should leave adequate space for the succession of seeds I'm starting under a grow-light in my office. Snow or no, since spring flipped that switch and got me growing again, I can't stop.

*Kristin Green is the horticulturist at Mount Hope Farm and author of 'Plantiful: Start Small, Grow Big with 150 Plants that Spread, Self-Sow, and Overwinter'. Follow her blog at trenchmanicure.com.*

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# Saltwater fishing show a big success

The New England Saltwater Fishing Show was a big success this weekend. Steve Medeiros, president of the Rhode Island Saltwater Anglers Association (risaa.org) said, "We had a line of 600 people waiting to get in Friday that stretched from the ticket office at the Convention Center all the way to the hotel." And, on Sunday morning at 11 a.m. (an hour after the show started) the line I saw had about 400 people in it.

**Capt. Dave MONTI**

Medeiros said, "We sold out booth space (over 300 exhibitors) a month before the show and we won't know formal attendance numbers until we get a report from the Convention Center but it is sure to be record-breaking." More than 15,000 people have attended the show in the past.

Here are a few exhibits that caught my attention at the show. Matt Bosgraaf, manager of The Kayak Centre of Rhode Island, Wickford, said, "After taking a few years off we returned to the show and are glad we did." Halfway through the show on Saturday the Kayak Centre had already sold four boats.

Kayaks and paddle boards are one of the fastest growing segments of boating with peddle kayaks being the craze and boats being tricked-out with fish finders, electric motors and much more.

The Centre offers kayak lessons, paddle board and kayak boat rentals and sales with such brands as Feel Free, Old Town, Wilderness and Native Watercraft. They also sell gear and wear for kayakers, and offer fishing seminars and events through their partner Ocean State Kayak Fishing. Visit the Kayak Center at kayakcentre.com.

Grainer Pottery of East Sandwich, Mass. creates hand-made ceramic fish. "We make over 100 different species of realistic ceramic fish, made to hang on the inside of a home as wall décor. Owners Caroline and Lauren Grainger said, "Our products have a lifelike feel because we make plaster molds from real fish and hand-press clay into the molds. We make realistic ceramic fish of all major New England species plus a variety of southern, tropical and freshwater fish. Visit graingerpotterysandwich.com.

Bill Hurley Lures are custom made with lots of sand eel oil. "Traffic at the show has been



Caroline and Lauren Grainger of Grainger Pottery, East Sandwich, Mass., delighted attendees at the New England Saltwater Fishing Show with their ceramic fish which are made to size and molded from real fish from our area.

great," Hurley said. "I almost wish we sold the lures at the booth but we distribute them through bait & tackle shops. The soft plastic lures are designed to mimic sand eels and are made with pure sand eel oil that is injected into the plastic and then the inside of the bag and lure are coated with sand eel oil when packaged." Adults and children attending the show were mesmerized by Bill's fish tank display of the lures working in the tank under simulated current conditions. The lure features Mustad jig hooks that are guaranteed not to fail when fishing for striped bass.

Cheeky makes both fly fishing and spinning reels in bright green and blue colors. This Arlington, Mass. company has been designing and building reels for six years. Ted Upton, CEO of Cheeky said, "Our multi-disc drag system is one of the most distinguishing features of our spinning reels. Our SaltForce aluminum frame and body and machined carbon spin spool keeps the reels strong and light weight." The CYDRO line was on sale at the show for \$100 (normally \$129). It is available in 3500, 4500 and 5500 model sizes all at the same price. Upton said, "We are happy at how the reels did at the show and what was surprising was that we had just as much interest in our fly fishing reels as we had with our spinning reels." Visit cheekyfishing.com.

Harbor Light Software cofounder Fran Karp said, "Knowledge is power and having good, accurate, real-time data collecting of fishing data for fisheries management is what Harbor Light Software delivers to fishermen and fish mangers."

The advantage of collecting accurate data is that fishery bio-

mass, catch and effort are more accurately estimated. If we have better data fisheries are managed more effectively so we can grow them to abundance so there are more fish for all to catch.

The company's FishNET software is its first application to collect real time catch, effort and biological data electronically. Today the software is accepted by NOAA in select areas as the software of choice to speak directly to the ACCSP data warehouse offering commercial fisherman and charter boats the opportunity to file their Vessel Trip Reports (VTRs) electronically. Visit harborlightsoftware.com.

Dave Morton of Beavertail Rod & Reel said, "We are now getting into repairing kayak peddle systems too." The North Kingstown company does reel cleaning as well as rod and reel repair. They take apart reels, clean all pierces and then reassemble the reels. Morton said, "We can modify and customize reels for anglers of all types including people with disabilities enabling them to fish or fish more effectively." The company replaces guides and tips on reels too and can be found at beavertailrodandree.com.

*Capt. Dave Monti has been fishing and shellfishing for over 40 years. He holds a captain's master license and a charter fishing license. He is a RISAA board member, a member of the RI Party & Charter Boat Association and a member of the RI Marine Fisheries Council. Contact or forward fishing news and photos to Capt. Dave at dmontifish@verizon.net or visit his website at noflukefishing.com.*

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The Tides*	HiAM	HiPM	LoAM	LoPM	Sunrise	Sunset
Wednesday, March 15	10:49 (4.0)	11:10 (4.2)	3:43	3:51	6:53	6:53
Thursday, March 16	11:29 (3.7)	11:50 (3.9)	4:21	4:25	6:51	6:55
Friday, March 17	— (—)	12:10 (3.4)	4:59	5:02	6:50	6:56
Saturday, March 18	12:32 (3.6)	12:53 (3.1)	5:41	5:43	6:48	6:57
Sunday, March 19	1:15 (3.4)	1:38 (2.9)	6:29	6:31	6:46	6:58
Monday, March 20	2:00 (3.2)	2:25 (2.8)	7:33	7:32	6:45	6:59
Tuesday, March 21	2:49 (3.1)	3:17 (2.8)	8:56	8:46	6:43	7:00
Wednesday, March 22	3:46 (3.1)	4:17 (2.9)	10:09	10:00	6:41	7:01
Thursday, March 23	4:49 (3.3)	5:19 (3.2)	11:01	11:00	6:39	7:02

**Full Moon March 12 — New Moon March 28**

\* Information is based on tides in Bristol Harbor.

# Sump Pump Geeks

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# New resources for those with German and Irish roots

BY LYNDA REGO

lrego@eastbaynewspapers.com

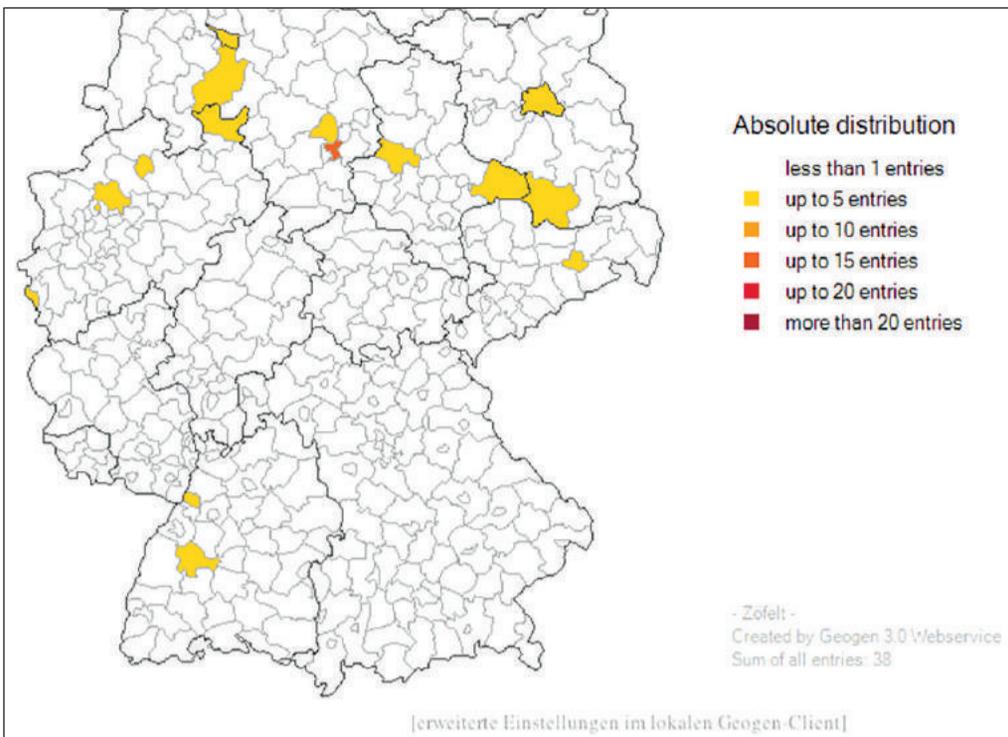
The Massachusetts Society of Genealogists will meet on Saturday, March 18, at Somerset Public Library, 1464 County St. The program at noon is by The Gravestone Girls. They will talk about gravestone art, history and symbolism and offer a visual tour from colonial burial grounds through the rural cemetery movement of the 19th and 21st centuries. It is free and open to the public.

And, there are lots of new sites out there just waiting to help you with your genealogy research. Here are just a few I've stumbled across.

■ If you have German roots, check out the Geogen site at <http://legacy.stoepel.net/en/Default.aspx>. The name stands for geographical genealogy. It's a surname mapping site that helps you find surnames in Germany. Before you start, click on "Information" on the homepage and read the short tips and description of the site.

When I entered my only German surname, Zufelt, there were no hits, but they asked if I meant Zofelt (two dots over the O). There were 38 entries in 15 counties. Then, check out the map. As you hover over each colored section, it tells you the name of the county.

■ Archion is at [www.archion.de/en/the-portal](http://www.archion.de/en/the-portal). It was founded in 2013 by the Evangelical Church of Germany with 11 regional evangelical churches. Its primary goal is "to make church books and other biographical and genealogical resources available." They are adding church records from across Germany every day (and not just evangelical churches). At this time, there are 16 million pages of church books. Click on browse to see what they have. Searching is free, but if you want to access book material, there is a



If you have German roots, check out Geogen, a mapping site that provided this map on a search for my Zufelt family.

fee starting with a one-month pass.

■ In September, those of us with Irish roots were thrilled to see the release of online Irish civil registration records at [www.irishgenealog.ie](http://www.irishgenealog.ie). In 1863, it became compulsory to register all births, marriages and deaths by Jan. 1, 1864. These civil records (and non-Catholic marriages from 1845), over 12.5 million individual records, are free. At this time, they include births (1864-1915), marriages (1882-1940) and deaths (1891-1965) from the General Register Office (GRO). They are working on adding marriages back to 1845 and deaths back to 1864. The site also has links to the GROs

in Northern Ireland, England, Wales and Scotland.

But, you will want to combine these records with church records when possible. Fines were assessed for late registration, so it's obvious in some of my records that a parent lied about a birthdate to keep from being fined. Luckily, the church records are more accurate. But, the civil records have great information, including the mother's maiden name, occupation of the father (or of the deceased) and more.

■ A good source of Irish surnames is a "Special Report on Surnames in Ireland" from the Cornell University Library at

<https://archive.org/details/cu31924029805540>. Other maps of Irish surnames I've seen were never helpful. But, this one dates from 1894 and was compiled from the birth indexes in the General Register Office in 1890. My two Irish surnames are listed – McAree with three births in Antrim and three in Monaghan (where mine are from) and Ward – 168 births in every county, but chiefly where mine are not from.

■ And, this is a perfect time for a reminder to not forget Cyndi's List ([www.cyndislist.com](http://www.cyndislist.com)). Cyndi Howell's fabulous website is celebrating its 20th anniversary. The portal site has grown from a webpage with 1,025 links in 1996 to over 330,000 links today. No matter what you're looking for, you can find something on the subject at Cyndi's List. It's free and offers everything from what to do if you're just starting out to countries, vital records, DNA and so much more.

■ The David Rumsey Map Collection at [www.davidrumsey.com](http://www.davidrumsey.com) has grown by 8,000 maps (to 75,000) since the last time I visited. There also is a blog, new pictorial maps and atlases, and a bunch of cool tools. You can zoom in on the maps and, a really neat feature, lets you use Google Earth to overlay current maps over the historic maps. A video on YouTube explains it at <https://youtu.be/6CnsEOTC27o>

■ [www.eyewitnesstohistory.com](http://www.eyewitnesstohistory.com) is a free website with history listed by category (ancient world, Middle Ages, Renaissance, 17th century, Civil War, World War I, etc.) or check the index for a list of events.

*Lynda Rego has a Facebook page at [www.facebook.com/lynda.rego](http://www.facebook.com/lynda.rego) where she shares tips on genealogy and other topics. Stop by, click on Like and share any interests you have for upcoming columns.*

# Sea to Table Tasting



You're invited to an evening sampling the harvest from some of the richest waters in the world, or as we like to call it, our backyard. Join at Mount Hope Farm us for a night of locally-sourced seafood, live music craft beer & wine.

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**Mount Hope Farm**

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HEALTHY EATING

# Go Green for Saint Patrick's Day with edamame guacamole

Saint Patrick's Day is a great time to focus on the benefits of green produce and trying new foods. Aim to add one of the following foods to your daily routine.

1. Kale is a nutrition powerhouse. It is an excellent source of iron, calcium, and vitamin C. Blend into a fruit smoothie or bake into kale chips.

2. Kiwi has more vitamin C than an orange. This helps keep you from getting sick. It is also a good source of potassium.

3. Olives are known for their high amounts of copper and vitamin E. They are also a great source of heart healthy fats.

4. Avocado is a green fruit that is high in a type of fat that helps keep your arteries clean and heart healthy.

5. Brussels sprouts are another source of vitamin C. Try steaming, roasting, or stir frying for different flavors.

6. Edamame can be sold in their pods or out of their pods. They are high in protein. They can be added to many dishes or eaten on their own as a fun snack.

Information gathered & adapted from nutritionbymia.com.

## Edamame Guacamole

Servings: 5

- 1 cup frozen, shelled edamame, thawed



- 1 ripe avocado
- 1/2 cup tomatoes, diced
- 1/2 bunch cilantro
- 1/4 cup onions, chopped
- 6 tablespoons fresh lime juice
- Salt and pepper to taste
- 2-3 tablespoons water

### Preparation

1. Add edamame, avocado, tomatoes, cilantro, onions, and lime juice into a blender or food processor. Blend until smooth.
2. Season with salt and pepper.
3. Add water one tablespoon at a time and blend briefly until you reach a desired texture.

4. Chill before serving with whole grain tortilla chips or cut-up vegetables. Enjoy

Serving size: 1/4 cup

Nutrition information per serving: 109 calories, 7.0 grams fat (6.3 grams unsaturated fat), 7.7 grams carbohydrate, 4.3 grams fiber, 4.3 grams protein, 1.3 grams sugar, 7.2 milligrams sodium

Recipe adapted from cookeatshare.com.

Emily DelConte is the Nutrition Director at Evolution Nutrition, Inc., a group practice of Registered Dietitians offering nutrition counseling for adults, adolescents, and children. Most visits are covered by medical insurance plans. To contact them please call 401/396-9331.

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NIBBLES

Have any food and dining news you want to share? Send it to us at life@eastbaynews-papers.com.

### Spice up your life in Barrington!

If you missed BinduMalik's fall offering, Spice up Your Life with Indian Cuisine, here is the opportunity to take it now. Journey with the instructor as she unlocks the secrets to an ancient treasure trove of Indian spices, and transforms basic ingredients into gastronomical delights, using mostly organic foods. Following an introduction to the spices frequently used in this cuisine, Bindu will demonstrate a new entrée in each class; there will be some hands-on cooking, and, of course, everyone will sample these dishes. Wednesday, March 15 will feature Chicken Korma/hyderabadi lamb (chick and lamb marinated in yogurt and Indian spices) and Indian bread. On Thursday, March 30, discover a classic dish, Saag Chicken and

Saag Paneer (spinach cooked with spices in tomato onion gravy, cashew nuts, and paneer (Indian cheese), with flavored rice.) Don't miss this adventure into Indian cuisine, and discover for yourself that it's not just curry! Each class is a 2-hour session and costs \$58, which includes the supply fee; or, take all 3 for \$160. Call the BCS office at 401/245-0432 or visit the website, barrcommschool.com, for more information.

### East Bay Restaurant Week

Experience the beautiful waterfront and historic neighborhoods of East Bay, RI, and southeastern Massachusetts, while enjoying the diverse cuisine of the area's best restaurants, through March 23.

Three course prix fixe lunch \$15, dinner \$25, \$30 or 2-for-1. For more information and a list of participating restaurants, visit ebdining.com.

### Pop Up Dinner series at Mt. Hope Farm

Join us this winter for intimate, farm-to-table style dinners, served in grand style at The Inn at Mount Hope Farm. Candlelight and a cozy ambiance, perfect for a romantic dinner or a celebration with friends. Chefs from Russell Morin Catering & Events will serve innovative dishes with a changing cuisine profile featuring local growers. Russell Morin's expert Bar Manager will curate a selection of wines, beers, and craft cocktails to accompany each unique menu. Cocktails and wine are not included in the ticket price. Each seasonal prix fixe menu will consist of two appetizers, two entrees and two desserts for each guest to choose from. Dates include March 18, April 8, and April 22. Cost is \$45 per person. Menus and more information at mounthopefarm.org.

See NIBBLES Page 6

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## 2nd annual 'Quahog Week' kicks off March 20

Quahog Week, which made its debut last year, returns March 20 through 25. The week-long celebration highlights the importance of Rhode Island's wild harvest shellfish to the state's history, traditions, and economy. As part of the week, participating restaurants and markets will feature quahog-inspired menu items and deals, and Quahog Week partners will hold special events.

"Whenever I go out to eat, I look for Rhode Island shellfish," said DEM Director Janet Coit. "Our clams and oysters are enjoyed all over the world."

Rhode Island is known for its food and diverse food cultures. The state's booming local food sector supports more than 60,000 jobs and continues to attract and inspire the imagination of entrepreneurs and innovators. The local fishing industry has been, and continues to be, a vital part of the equation.

Thousands of land- and water-based businesses are supported by the industry. And local favorites like the quahog "stuffie" are enjoyed by people near and far.

Last year, more than 100 million pounds of seafood were brought in to local ports, with an export value over \$1 billion. And more than 28 million quahogs (off-the-boat value of \$5.5 million) were harvested from Narragansett Bay and Rhode Island coastal waters. To support continued industry growth, the state, along with its partners, developed the RI Seafood brand to uniquely identify local seafood in the marketplace and to provide a brand under which local seafood events and activities can take place.

Quahogging has a rich history locally, supporting the livelihoods of hundreds of fishers year-round as well as serving as a treasured pastime for Rhode Island families. Quahog Week will highlight this history and value through several planned events, including a kick-off celebration at Save The Bay in Providence on Monday, March 20 and a wrap party on Saturday, March 25 at the new headquarters of Narragansett Beer in Pawtucket. For more information on events, visit [seafoodri.com](http://seafoodri.com).

### NIBBLES

From Page 5

#### Hope & Main "Meet Your Maker" Market

The nonprofit food incubator Hope & Main announces its lineup of monthly indoor specialty food markets where the community can eat, drink and shop local in a lively, food-centric marketplace showcasing dozens of local companies crafting specialty food products, prepared foods and handcrafted beverages. Taste and tour through Hope & Main's facility, catch cooking demonstrations throughout the day, enjoy live music and enter to win door prizes like holiday gift baskets, cooking classes, and more. The next market will be held Sunday, March 19 from 10 a.m. to 2 p.m.

#### Eating with the Ecosystem's School of Fish

At Eating with the Ecosystem's "School of Fish", Rhode Island chefs will educate you on different methods for turning whole fish or shellfish – straight from the sea – into a marvelous dinner you can share with your family and friends. Learn how to use plentiful local species like scup, herring, whiting, skate, dogfish, and sea robin. And to turn commonplace species like quahogs or slipper limpets into something you've never imagined! Held in the demo kitchen (a former school classroom) at Hope & Main, each workshop is also a dinner, complete with wine and good company! Monday, March 20 from 6 to 8 p.m. at Hope & Main, 691 Main St, Warren. For more information visit [makefoodyourbusiness.org](http://makefoodyourbusiness.org).

#### Fireside bourbon dinner at Linden Place

Warm up this winter with a little Bourbon by the fire! On Thursday, March 23, join Linden Place for a five-course dinner featuring America's best bourbons and dishes prepared by some of East Bay's finest chefs.

The evening begins with appetizers inside Linden Place's historic carriage house. Then guests will be seated for an amazing fireside dinner that has been carefully designed by

participating chefs. Enjoy a different bourbon craft cocktail perfectly paired with each dinner course, along with tasting notes and comments by the chefs. Featured chefs include Chef Niki Holden from Roberto's Restaurant, Chef Chris Kleyla and Chef Catie Zamow from Statesman Tavern and Chef Richard Allaire from Metacom Kitchen. Bourbons will include Jefferson's Reserve, Eagle Rare, Colonel EH Taylor, Small Batch 1792 and Hudson Whiskey. A cash bar with wine and beer will also be available. Thursday, March 23; 6 to 9:30 p.m.; \$80 all inclusive. For more info visit [lindenplace.org](http://lindenplace.org) or call 401/254-0390.

#### Newport Vineyards Milk & Honey Wine and Cheese Class

Join Newport Vineyards and Milk & Honey for an evening where their wine and cheese experts take you on a journey through Milk & Honey cheeses paired with Newport Vineyards wines. Thursday, March 23 from 6 to 7:30 p.m.; \$42 per person. For more information, visit [newportvineyards.com](http://newportvineyards.com).

#### Newport Restaurant Week

Held March 27 through April 7. Visit [DiscoverNewportRestaurantWeek.org](http://DiscoverNewportRestaurantWeek.org) for menus, food and wine related events, lodging packages and more.

#### Simone's Cooking Class

Celebrate mussels and clams and have a great time doing so! Learn to make Steamed Mussels with Shallots and Creme Fraiche, grilled Clams with Dill Oreganato, our take on Linguini alle Vongole, and Roasted Cioppino with Clams, Mussels and Scallops. Dessert will be served. Monday, March 27 at 6:30 p.m.; Simone's Restaurant, 275 Child St., Warren; \$60/seat includes demonstration, recipes, tastes and wine.

#### From Brooklyn to Brighton Beach food tour

The Brooklyn tour will be led by a popular local guide who will introduce the history and sights of this increasingly popular borough, as well as enjoying authentic cuisine and picture-perfect views of the Statue of Liberty, the Brooklyn Bridge and downtown Manhattan from Fulton Ferry Landing. An included lunch of Russian and Georgian specialties will be served at the popular Russian restaurant, Tatiana. Brighton Beach was dubbed "Little Odessa" long ago, due to its residents having come from Odessa, a city in Ukraine, and still retains a distinctly ethnic flavor. This trip complements the Barrington Public Library's Cookbook Club, which is exploring the cuisine of Russian and Eastern Europe. Tuesday, March 28, Barrington departure at 6:30 a.m.; return approximately 8:30 p.m. The fee of \$130 BCS members and \$139 non-members includes narrated Brooklyn Heights tour, tour of the Russian neighborhood of Brighton Beach, lunch, visit to Coney Island, local guide and BCS escort, motor coach transportation and driver tip. For more information, call the BCS office at 401/245-0432, or visit [barrcommschool.com](http://barrcommschool.com).

### WEEKLY SPECIALS

MONDAY-WEDNESDAY:  
**Dinner for 2**  
*Includes bottle house wine*

WEDNESDAY:  
**\$1 Oyster Night**

THURSDAY:  
**Prime Rib Night \$14.95**

FRIDAY:  
**\$5 Appetizers & Drink Specials**

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**Brunch Buffet 10am-2pm**



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# East Bay Real Estate

## MEET JENNIFER GILL: *Web designer, school volunteer, half-marathoner*

BY JOAN D. WARREN

jwarren@eastbaynewspapers.com

Jennifer Gill was born in St. Louis, Miss., where her family lived for a short time before moving to Pennsylvania for about 10 years. At age 13 they moved to South Carolina and then eventually settled on Cape Cod when she was a freshman in high school. Jennifer attended college at U-Mass. Amherst, where she graduated with a degree in Hotel, Restaurant, Travel Administration.

After graduation, she moved briefly to Washington, DC, and then back to Boston, where she met her husband, Matt. After getting married, they bought a house in Newport, where they lived for seven years and had a daughter, Madison. After finding out they were having twins in 2011, they needed a house with more space, which brought them to Barrington, where they have lived for almost six years. Twins Jackson and Carly were born in 2011, a month after they moved, and days before Madison started kindergarten. They love the Barrington community and are very involved with the public schools and other civic groups.

WHAT DID YOU DO BEFORE REAL ESTATE? "I have been a freelance website designer for the last 12 years, which I started doing just before my oldest daughter

was born, and have continued on a part-time basis since. Prior to designing websites, I worked as a contractor for a small consulting firm in Boston doing software development for primarily financial companies."

WHY REAL ESTATE AS A CAREER? "While I have loved the flexibility of working from home and the ability to be creative with website design, I realized I missed face-to-face interaction on a regular basis. I felt a new career in real estate offered an exciting opportunity to learn more about something I've always been interested in, as well as provide the opportunity to be out, interacting with new people all the time, in a role where I can help them."

FAVORITE SEASON: "Summer, definitely—I love going to the beach with the family and all the rest that goes with being outside and having fun in the warm weather — a season I'm really missing right about now!"

HOBBIES: "Hobbies are something I admittedly need to focus a little more on. I have always enjoyed running and thankfully have gotten back into it after too many years away. I love running with friends and doing road races and recently completed a half-marathon, which felt amazing. I also enjoy being creative and several years back used to draw which



**Jennifer Gill**  
Century 21 Topsail Realty  
401-323-5509

was something I loved doing very much — that is a hobby I have told myself I'll make time for again, so hopefully one day soon."

DESCRIBE A PERFECT FAMILY DAY: "The perfect family day, quite simply,

is where we are all together just enjoying each other's company laughing and having fun. Life gets so busy sometimes so those days where we can all just relax and be together are the best."

BEST ADVICE: "I just thought of this recently. My wonderful friend, Nancy, once said to me (when my twins were babies and my oldest was 5), 'The days are long but the years are short, so do your best to enjoy as much as you can.' The twins are now 5 1/2 and my oldest almost 11 — she was entirely right; the years fly by, so enjoy as much of it on a daily basis as we can."

PETS: "We have a dog, Casey, who is 12 years young. She is a beagle Dalmatian mix — the energy of a Dalmatian with the bark of a beagle."

PROFESSIONAL GOALS: "As a new agent, I look forward to learning all I can from the talented team of professionals at Coldwell Banker in Barrington. I feel lucky to be part of their office. My goal is to create long-term and lasting relationships with clients by being a real estate professional people can trust, rely upon and feel 100% comfortable with."

BEST PLACE FOR LUNCH LOCALLY: "I haven't been in far too long, but I love pretty much everything I've ever had at the Square Peg in Warren, a good reminder I need to go soon!"



OPEN SUNDAY 11-1

**RUMFORD:** Cape  
2012 sq. ft. 4 bed 2 bath  
Granite KIT, hardwoods, great  
rm, deck, partially finished base-  
ment & possible in law. Spacious & fabulous!  
\$299,900

Kim Ellin 774-991-0579



NEW LISTING

**EAST PROVIDENCE:** Cape  
1365 sq. ft. 4 bed 2 bath  
Adorable w/updated windows,  
granite counters, SS appliances,  
new bath, new porch & new fence!  
\$219,000

Jane Marshall 401-486-4847



NEW LISTING

**BARRINGTON:** Cape  
1666 sq. ft. 3 bed 1.5 bath  
Builder's home w/EIK, sun rm,  
living w/FP, central vac, sauna,  
generator hook-up, fenced lot & much more!  
\$429,000

Deb Jobin & Co 401-527-7894



NEW LISTING

**BARRINGTON:**  
Raised Ranch  
1582 sq. ft. 3 bed 1.5 bath  
Immaculate w/skylights, AC,  
fireplace & open floor plan. Walk to elemen-  
tary, middle & high school! \$350,000

Sam Butterfield 401-480-4923



WESTWOOD TERRACE

**TIVERTON:** Ranch  
1780 sq. ft. 4 bed 1.5 bath  
Beautiful w/fireplace, kit w/ss,  
lg basement, garage, expansive  
deck & fenced-in yard. Excellent neighborhood!  
\$364,900

Deb Jobin & Co. 401-527-7894



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401-433-5100



NEW LISTING

**RUMFORD:** Colonial  
2786 sq. ft. 4 bed 2.5 bath  
Fabulous w/chef's KIT, fire-  
place, library w/built-ins,  
master, garage & hardwoods. Walk to res-  
ervoir! \$449,000

Jean Clarke 401-374-5039



MIXED-USE

**WARREN:**  
Commercial/Residential  
Prime location! Currently an  
art shop & 2 apartments. Buy  
the business or use for home/office or rental!  
\$500,000

Deb Jobin & Co. 401-527-7894



PENDING

**BRISTOL:** Ranch  
2098 sq. ft.  
3 bed 3.5 bath  
Spacious w/master, gas FP,  
great rm, granite & SS KIT, patio, pool &  
cathedral ceilings. Beautiful!

Lisa Foster-Pacheco 401-837-2333



NEW LISTING

**RIVERSIDE:** Colonial  
1500 sq. ft. 3 bed 1.5 bath  
Fabulous w/EIK, hardwoods,  
rec rm, Florida rm, updated  
windows & roof, garage & lovely park like  
yard! \$225,000

Jean Clarke 401-374-5039



NEW LISTING

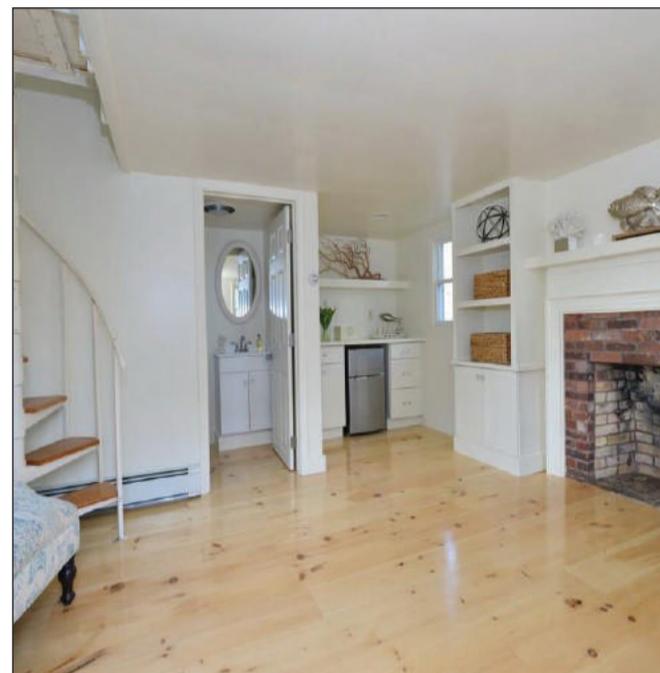
**SEEKONK:** Ranch  
5577 sq. ft. 3 bed 3 bath  
Spectacular! Cooks KIT, family  
rm w/FP, hardwoods, rec rm,  
AC, master, central vac & sliders to deck.  
\$520,000

Jean Clarke 401-374-5039



# House of the week

## Historic cottage with modern updates in Tiverton



New to the market is a charming, historic cottage located in the heart of Tiverton's Stone Bridge/Fort Barton area. The house has been recognized by the Rhode Island Historical Preservation Commission and is located in the Stone Bridge Historic District. It is known as the Captain Seabury House.

An authentic farmhouse, the structure is a "complex cottage" with several roof pitches and angles, adding to the architectural interest of the home. There is a one-bedroom guest house on the

property as well.

The house, built in 1877, was renovated within last two years, and upgrades included new rugs, refinished pine floors, re-plastered ceilings and walls, new wallpaper, new paint on walls, trim, and cabinets. The renovation was completed with quality craftsmanship, combining high quality materials and updates while maintaining the authentic period charm.

The four-bedroom, three-bathroom home offers a formal dining room, butler's pantry, four-season sun room and wide plank pine

floors throughout. There are two fireplaces in the main house, one converted to gas.

The bright kitchen was updated with Carrara marble countertops, professional appliances (Wolf gas range, Liebherr refrigerator/freezer, Bosch dishwasher, Broan Elite trash compactor, garbage disposal, new gooseneck faucet and sink erator button, polished nickel finish Restoration Hardware cabinet hardware, new door knobs, and new interior lighting.

The 1.5-acre property includes a one-bedroom guest cottage that

has also been completely renovated in 2016, including Martha Stewart cabinets, wide pine floors, a one-piece shower, a new toilet, vanity, doors, paint, Whirlpool mini-fridge and a new front door. The cottage has a working fireplace.

There is also a large board and batten barn with loft and a one-car garage.

The 63,5980-square-foot lot has mature landscaping, a flagstone patio and a tennis court. It is surrounded by original stone walls, adding to the charm of the prop-

erty. There are westerly water views of the Sakonnet River passage and Tiverton basin.

### By the numbers

- \$649,000
- 2,556 sq. ft. living space
- 1.5 acres
- 4 beds
- 3 baths
- 1 bedroom guest house

**Joanna Krystman**  
Century 21 Topsail Realty  
401-263-6550



MLS #1153622  
Midge Berkery

\$2,199,000  
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Morgan Hollenbeck 401.212.6313



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**78 Lawton Ave, Tiverton** - Charming historic C. Seabury cottage located in the heart of Tiverton's Stone Bridge/Fort Barton area. Beautifully restored combining high quality updates while maintaining the authentic period charm. 4 bedrooms, 3 bathrooms, four season sunroom and wide plank pine floors throughout. Property includes 1 bedroom cottage, barn, 1 car garage, shed and tennis court. Westerly views of Sakonnet passage and Tiverton basin. **\$649,000**



**Joanna Krystman**  
(C) 401-263-6550  
(O) 401-625-5878



TIVERTON • 1741 Main Rd. Tiverton, RI

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**347 Cottrell Rd., Tiverton - New Listing!** Desirable "Cottrell Farms". Colonial w/ 3 beds, 2.5 baths. 2500 square feet with finished bonus room over garage. Cherry cabinetry. Hardwood flooring. Stainless appliances. Granite counters. South facing deck with awning. Just move in and enjoy! **\$469,900. Jeannie Veegh 401-847-8818**



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401-297-1399 Cell  
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# Real Estate Transactions

ADDRESS	BUYERS	SELLERS	SALE PRICE
<b>BARRINGTON</b>			
24 Bay Rd	Compliance Pros LLC	Jonathan L. Crist	\$385,000
27 Beaver Rd	Andre and Susan Thibeault	Mary A. Sullivan	\$300,000
52 Greene Ave	Timothy E. MccMahon	Anthony and Dorothy Frankian	\$210,000
29 Baron Rd	Wendy Jacobson	Brian Walsh	\$265,000
4 Homestead Ave	Daniel and Robin Bruno	Robert and Pamela Manninen	\$455,000
3 Brow St	Chris and Jessalyn Link	Rocco J. Dimatteo I.R.T.	\$290,000
<b>BRISTOL</b>			
19 Broadcommon Rd	Rholenty LLC	JWEB Holdings LLC	\$800,000
10 3rd School St	Kandie and Regan Schwartz	Alan and Marie Bullock	\$175,000
535 Metacom Ave	Arnold I.R.T. 2012 and Ralph Kinder	M. Adelaide Nunes R.E.T. 2006 and Alan Nunes	\$625,000
Peter Rd	AC Acquisitions LLC	Anthony A. Nunes Inc. and M Adelaide Nunes RET 2006	\$100,000
78 Gooding Ave	Jefferey J. Simons	Steven Borgia	\$160,000
26 Lugent Ln	Adelia Ferreira and Leonardo Vincent	NCD Developers Inc.	\$399,800
<b>EAST PROVIDENCE</b>			
108 Ivan Ave	Laura and Wayne Nelson	Steven and Elizabeth Conti	\$285,000
42 Circuit Dr	Anne P. Schultz	Raymond E. King	\$253,000
64 Anthony St	Aloha Properties LLC	USA HUD	\$74,000
150 Worcester Ave	Robert T. Riggio	Jean and Joel Bernstein	\$195,000
12 Mccausland Ave	Ricardo Diaz	Catarina Arruda	\$196,000
114 Brook Ave	K&S Residential Inv. LLC	Edward McCaughey	\$17,500
114 Brook Ave	K&S Residential Inv. LLC	Maureen Anderson	\$17,500
3684 Pawtucket Ave	Atwood Properties LLC	Linda and John Smith	\$95,624
63 Woodward Ave	Sylvia Bagaglio and Isaac Brown	ZBT Enterprises LLC	\$172,000
78 6th St	Roque Pineda	Alicia C. Bacon	\$230,000
39 Vineyard Ave	Kevin and Elizabeth Matthews	Jose F. Silveira	\$345,000
23 Lynn Ave	Danny Placido and Lauri Piriquito	Michael West Builders Inc.	\$309,900
49 Terrace Ave	Imperial Investments Inc.	Beverly Parsons and Russell Tanner	\$305,000
600 N Broadway #2C	Richard and Debra Porter	Suzette M. Maciel	\$185,000
200 Westerly Bradford Rd	Harrison Street Assoc	Meadowcrest Partners	\$79,000
<b>PORTSMOUTH</b>			
544 Boyds Ln	David and Courtney Huth	Christopher and Annetta Arena	\$274,000
125 Mussel Bed Shoal Rd	Janis Douglas and Richard Thorpe	Linda Gautie and Kathy Brunelle	\$400,000
83 Valley Ln #83	Anthony Woidyla and Stephanie Fontes	Walter and Claudia Benn	\$261,000
2788 E Main Rd	Shaune and Candice Barry	Sharon and Kevin Fennessey	\$400,000
1134 W Main Rd	Nikolas M. Gaudet	William A. Raposa R.E.T.	\$185,000
180 Rebels Way #180	Claudette Levesque-Ware and Bradley Ware	Prescott Partners LLC	\$400,000
180 Rebels Way #180	Claudette and Bradley W	are Prescott Partners LLC	\$400,000
33 Seafare Ln #33	Michael and June Heston	Apollo Brothers LLC	\$326,500
N/A	Janet M. Bruner	Vivian L. Silva	\$675,000
244 Turnpike Ave	David and Elysha Guerriero	Carl F. Benevides General	\$410,000
Oakland Farms Condo #2	Joann W. Vanicek	Thomas J. Eagan Est. and Susan Ryan	\$370,000
<b>TIVERTON</b>			
5 Pierce Ct	Jeremy A. Baer	Danna and Jeffrey Spencer	\$275,000
31 Broadview Dr	Jay Lilley and Patricia Horan	Wells Fargo Bank	\$325,040
240 Holly Cir	Rachael and Wesley and Roy	Dennis and Shirley Medeiros	\$360,000
60 Brayton Rd	Warren Michalski and Christina Desharmais	Southcoast Holding LLC	\$324,900
1565 Main Rd	Noah Zimmermann and Diana Perdomo	Peter Haas and Barbara Nagel	\$330,000
131 Cypress Ave	Heather L. Hardie	Jessica L. Arruda	\$210,000
65 Merritt Ave	Westbriar Properties Inc	Bruce R. Pelletier	\$103,000
Brayton Rd	Toni L. Ellis	Toni L. Ellis	\$5,250
<b>WARREN</b>			
63 Vernon St	Wells Fargo Bank	Nancy Hayes and Wells Fargo Bank	\$138,330
30 Overhill Rd	Kayla Nerone and Michael Connors	Wesley and Racheal Roy	\$279,900
160-162 Main St	Tupelo Realty LLC	Kathryn L. Saylor	\$100,000
<b>WESTPORT</b>			
30 Fieldstone Dr	Djuana D. Kirkland-Polk	Norbert and Elizabeth Morais	\$859,000
29 Jennings Way	S. Barcellos-Crawford	Briggs Landing LLC	\$200,400

# Open Houses This Week

ADDRESS	DAY	TIME	STYLE	BEDS	BATHS	PRICE	BROKER	AGENT	PHONE
<b>BARRINGTON</b>									
641 Maple Ave.	Sunday, March 19	12-2 pm	Cape	3	2	\$449,500	Mott and Chance Sotheby's	Midge Berkery	401-330-7488
7 Blount Circle	Sat. & Sun., March 18 & 19	12-2 pm	Colonial	4	3.5	\$1,175,000	Residential Properties	Kris Chwalk	401-245-9600
4 Willow Way	Sunday, March 19	11:30 am-1 pm	Cape	2	2.5	\$799,000	Residential Properties	Nancy Weaver	401-245-9600
101 Promenade St.	Sunday, March 19	12-1:30 pm	Colonial	5	1.5	\$299,000	Residential Properties	Laurie Fletcher	401-245-9600
96 Lincoln Ave.	Sunday, March 19	12-1:30 pm	Contemporary	4	3	\$409,000	Residential Properties	Lisbeth Herbst	401-245-9600
11 Bowden Ave.	Sunday, March 19	12-1:30 pm	Colonial	3	2	\$569,000	Residential Properties	Janet Maloy	401-245-9600
7 Blount Circle	Sunday, March 19	12-2 pm	Colonial	4	3.5	\$1,175,000	Residential Properties	Kris Chwalk	401-245-9600
31 Ferry Lane	Sunday, March 19	12-2 pm	Colonial	3	1.5	\$478,000	Residential Properties	Joyce Hughes	401-245-9600
<b>BRISTOL</b>									
41 Seabreeze Lane	Sunday, March 19	2-3:30 pm	Townhouse	2	2.5	\$325,000	Residential Properties	Laurie Fletcher	401-245-9600
<b>TIVERTON</b>									
347 Cottrell Road	Sunday, March 19	1-3 pm	Colonial	3	2.5	\$469,900	East Shore Properties	Jeannie Veegh	401-847-8818
79 Preservation Way	Saturday, March 18	10 am-12 pm	Colonial	4	2-2	\$450,000	Welchman Real Estate Group	Amanda Nickerson Toste	401.835.8967
141 Bridle Way	Saturday, March 18	1-2 pm	Raised Ranch	3	1.5	\$354,900	Welchman Real Estate Group	Amanda Nickerson Toste	401.835.8967
24 North Ct.	Saturday, March 18	1-2 pm	Cape	3	2	\$429,000	TL Holland	Marybeth Praskievicz	970-759-2568
<b>RUMFORD</b>									
66 Ruth Ave.	Sunday, March 18	11 am-1 pm	Cape	4	2	\$299,900	RE/MAX River's Edge	Kim Ellin	774-991-0579
<b>WARREN</b>									
732 Main St.	Saturday, March 18	11 am-1 pm	Cottage	3	2	\$260,000	RE/MAX River's Edge	Debra Correia	401-714-8585

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**EAST PROVIDENCE** - Centrally Located !! 3 Br., Ranch, LR /FP, spacious KDA, HW's. Upgraded electric, young boiler/HW Tank, 2 car garage, 10,000 SF lot. Needs some updating, but well worth the effort **\$219,900**



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# Real Estate

## Real Estate

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### Homes For Sale

**EAST PROVIDENCE:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**BARRINGTON:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**BRISTOL:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**WARREN:** 1 bdrm, 2nd fl. Recent updates, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**EAST PROVIDENCE/RIVERSIDE/RUMFORD:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**BARRINGTON:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**EAST PROVIDENCE:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

### Apartment Rental

**WARREN:** 1 bdrm, 2nd fl. Recent updates, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**EAST PROVIDENCE:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

### Commercial Rental

**BARRINGTON:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**BRISTOL:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

**BRISTOL:** 3 bed, 2 bath, 1st floor finished, hardwood floors, granite counter, stainless steel appliances, walk out to deck, full basement, close to schools and shopping. \$249,000

### Garage Rental

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2 acres, central air, walk/bike to ocean, 3 bed, 3 bath home, plus in-law suite with studio space above. Four garages, 2 decks. \$749,000

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Office Condominium for sale. Perfect for professional services, lawyers or consultants. Well-appointed with 3 offices plus waiting area. Private bath, storage and tons of parking. Easy access from Mass & RI. New air/heat compressor, insulated with low heating/air costs. \$50,000



**BARRINGTON**  
Great one level living! Deceiving home from outside. Must See! Home is in pristine condition featuring hardwood floors, granite and stainless kitchen, updated bath, fireplace. Sliders to deck. Newer roof, siding, windows and heating system. Garage. \$319,000



**BARRINGTON**  
Adorable Colonial with lots of charm and character featuring hardwood floors, newer heating system, roof, windows, updated electric and more! Fenced back yard. Walk to water and East Bay Bike Path. \$249,000



**BRISTOL**  
This once elegant gothic revival style house called "Longfield" was designed by famed 19th c. architect Russell Warren. It is down to the studs waiting for someone with vision and passion to finish the work that has begun. The potential is magnificent! \$544,000



**NEWPORT**  
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## TL Holland Real Estate



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**Little Compton** - Beautiful Greek Revival house on over a half acre with lovely English Country gardens enclosed by stone walls. This charming Historic home has 8 rooms, 2.5 baths, lovely kitchen, large dining room, & more. Between Town Commons and Atlantic Ocean. \$575,000



**South Tiverton** - Excellent mixed use opportunity. Long standing tenants include variety store and daycare. Five apartments. Well maintained and in fine condition. Good cash flow. \$1,100,000

### OPEN HOUSE SATURDAY 1-2



**24 North Ct. Tiverton** - Nanaquaket - Sakonnet River Beach Rights! Bright and immaculate Cape on quiet road. Gleaming hardwood floors, updated kitchen & baths, fire-placed living room, attached 2-car garage, 1st floor bedroom, finished lower level and nicely landscaped yard. \$429,000



**Little Compton** - Contemporary 3-4 bedrooms, open floor plan, cathedral ceilings, walkout lower level, possible in-law. Two car garage, large private fenced back yard. \$389,000



**South Tiverton** - The Crandall-Waite House c1790: Charming antique home with many original features throughout, fireplaces, wood floors. Beautiful farm setting on 25 acres with meadows, pastures, stone walls, 30'x60' two-story horse barn, workshop and green house. \$525,000



**Little Compton** - Bright and cozy quintessential cottage near South Shore Beach and convenient to the Commons. Ideal summer or year round home. Set back from the road. Separate newly renovated heated studio/garage. \$290,000



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APPEARANCE PKG, SPOILER, 18" PREMIUM WHEELS, MSRP \$24,775, STK# F5886, 20 TO CHOOSE FROM!  
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**Briggs Beach:** Seeking individuals for various roles. Must meet RILG qualifications and be surf certified. Pay based on experience.

## EXECUTIVE DIRECTOR

The Warren R.I. Housing Authority seeks applications for the position of Executive Director. Duties of the Executive Director include overseeing 153 Public Housing Units and 224 Housing Choice Vouchers throughout the community; maintaining excellent relations with local officials, HUD, Staff, and Residents; and reporting to the five (5) member board of commissioners. Candidates are expected to understand Federal Housing Regulations and have experience in the areas of administration or operations of a PHA. Additional experience in staff supervision, negotiations, planning, budgeting and program supervision is desirable. Effective communications skills with populations of various racial, socio-economic and vulnerable backgrounds is required. PHM Certificate preferred. Must be bondable. A Bachelor's degree is preferred, but progressive administration experience will be considered. Annual salary is commensurate with experience. Resumes will be accepted until noon (12:00 p.m.) Friday **March 24, 2017**. Send resume and cover letter to: **Warren Housing Authority** Attention: Legal Counsel 20 Libby Lane Warren, RI 02885

**LABORER/HELPER:** Seeking individuals for various roles. Must be able to perform manual labor and follow instructions.

**Cook:** Seeking individuals for various roles. Must be able to prepare food and follow recipes.

**Receiver/Stockroom Attendant:** Seeking individuals for various roles. Must be able to manage inventory and receive shipments.

**BUS DRIVERS:** Seeking individuals for various roles. Must have a valid driver's license and a clean record.

**Cashiers for greenhouse business:** Seeking individuals for various roles. Must be able to handle cash and provide customer service.

**Carolyn's Sakonnet Vineyard:** Seeking individuals for various roles. Must be able to work in an agricultural setting.

**Barrington Library Information Technology Director:** Seeking individuals for various roles. Must have a degree in IT and experience in library management.

**Marketing Professional (A to Z):** Seeking individuals for various roles. Must have a degree in marketing and experience in sales and marketing.

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St. Luke's parish in Barrington is seeking a full-time Building Superintendent. This person will perform routine building maintenance; grounds-keeping; supervision of contractors; purchasing of janitorial supplies; and provide status report updates.

The Superintendent will perform daily and periodic custodial cleaning of the parish and perform repair work such as basic carpentry, painting, plumbing and electrical repairs. This person will work with contractors as needed for special projects. He/she will also oversee the landscape contractor who will be responsible for building and ground maintenance. The Superintendent may need to assist in light snow removal. This person will also be available in case of emergencies outside of normal working hours.

The ideal candidate will possess a high school diploma or equivalent and at least five years' experience in property management or building maintenance supervision. This person will be physically capable of standing for long periods of time, bending, climbing ladders, shoveling snow, inspecting roofs, lifting and carrying up to 40 lbs. He/she will have a practical knowledge of OSHA requirements as well as an understanding and respect for the Roman Catholic Church's liturgical practices and teachings.

Interested applicants should send a cover letter and resume to: St. Luke's Church 108 Washington Road Barrington, RI 02806 Attn: A. M. Beccue E-mail: [abeccue@stlukesparish.com](mailto:abeccue@stlukesparish.com)

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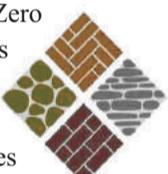
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